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Available on Apple and Android Devices**



HOW TO USE THE CATALOG

The Infit-i Catalog is designed to help you find solutions by training need and provide information on where to find each title in the Infit-i Training Library.

QUICK CATALOG NAVIGATION TIPS

From the Table of Contents, you can click on a Tool and be taken directly to a page within the catalog to view the description of the Tool. Additionally, you can click on "Table of Contents" at the bottom of any page to quickly be taken back to the table of contents.

Many of our titles are available in Spanish. This is indicated with the words "Available in Spanish" beneath the video in the Table of Contents. All Spanish titles are located in the "New Spanish Videos" section in a module that corresponds with their English name.

If you have any problems navigating the Catalog, please contact your client service representative at 877-792-3866, ext. 300.

FINDING VIDEOS IN THE TRAINING LIBRARY

With the most recent Infit-I Workforce Solutions system, the best way to find training content is under "Assignments" in the Infit-I dashboard. Under Assignments, select "Library." In the Search field, enter a keyword for the subject you want to find. Courses will be divided up into different sections, which will allow you to further refine your search.

Users of older versions of the Infit-I Workforce Solutions system will still search for content by section and module, and that information is still included in this catalog. For a free upgrade to the latest version of the Infit-I Workforce Solutions system, please contact your client service representative.

The screenshot shows a search interface with a search bar containing 'coronavirus'. Below the search bar are filters for 'All', 'Course Name', 'Content Name', and 'Content Desc'. There are also buttons for 'Excel', 'PDF', and 'Print'. The search results are displayed in a table with columns for Course Name, Library, Length (HH:MM:SS), and Content #. Below this, a detailed table lists individual courses with 'View' buttons for each.

Course Name	Library	Length (HH:MM:SS)	Content #
Best Practices Webinars - 2020 Webinars	OPERATIONS	00:35:28	1
Safe Practices	GENERAL SAFETY	01:08:52	23
School Bus	GENERAL SAFETY	00:25:34	4
Trucking Industry	GENERAL SAFETY	00:23:06	8

Select	Content Name	Type	Length(HH:MM:SS)	Test / Answers
View	Coronavirus 2019 - Cabin Sanitation	VIDEO	00:03:06	View
View	Coronavirus 2019 - Crisis Trip Planning	VIDEO	00:02:16	View
View	Coronavirus 2019 - Freight Management	VIDEO	00:03:11	View
View	Coronavirus 2019 - General Health Tips	VIDEO	00:03:10	View
View	Coronavirus 2019 - General Information	VIDEO	00:06:09	View
View	Coronavirus 2019 - HOS Exemption	PDF	00:01:00	View
View	Coronavirus 2019 - Self-Assessment	VIDEO	00:03:17	View

Each month, older courses from the Infit-I Workforce Solutions library are revised and updated to make sure they are current and in compliance, and new courses are added. In this catalog, the newest or most recently updated courses are indicated with the color blue. Coronavirus-related content is indicated with the color red.

NEW & UPDATED COURSES FOR OCTOBER 2020

Fatigue Management – Part 1: What You Need to Know



Length: 04:39

Getting proper rest is crucial to safety on the road. Part one of this training module covers the importance of sleep, details about having a sleep schedule, how health issues can affect fatigue levels, and the reality of what “short-term fixes” can really do for you.

Section: Trucking Industry

Module: Fatigue Management

Fatigue Management – Part 2: Preventing Fatigued Driving



Length: 04:43

Learn the specific symptoms of fatigue and sleep disorders and the best methods of staving off fatigue while working on the road.

Section: Trucking Industry

Module: Fatigue Management

NEW & UPDATED COURSES FOR SEPTEMBER 2020

Hazmat Blocking and Bracing



Length: 04:20

This video discusses the ins and outs of blocking and bracing a load. It details the costs of not blocking correctly and discusses responsibility as well as several types of restraints that can be used.

Section: Hazardous Materials Training

Module: Hazmat Blocking and Bracing

*Available in Spanish

Merging



Length: 04:32

Learn the intricacies and nuances of approaching and correctly performing a merge. This video also explores when to merge early or utilize the zipper merge technique and issues to avoid while merging

Section: Trucking Industry

Module: Merging

NEW & UPDATED COURSES FOR AUGUST 2020

CSA HOURS OF SERVICE

Part 1: Introduction to Hours of Service



Length: 02:38

This video introduces and discusses who must comply with hours of service regulations.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Part 2: The 14 Hour Window/11 Hour Limit/ 60-70 Hour Limit

Length: 03:28

The three maximum duty limits under the hours of service regulations for commercial motor vehicle operators are discussed in detail.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Part 3: The Thirty Minute Break & 34 Hour Restart

Length: 02:08

The thirty-minute break and 34-hour restart rules of the hours of service regulations are explained.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Part 4: On-Duty Time/Travel Time/ Off-Duty Time

Length: 03:36

This video details the differences between on-duty, off-duty, and travel time according to FMCSA hours of service regulations.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Part 5: The Sleeper Berth Provision

Length: 05:05

This video covers the nuances of using the sleeper berth to serve required hours off-duty while on the road.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish



Part 6: The Driver's Daily Log Book

Length: 04:06

Even if drivers utilize the updated ELD method of tracking hours of service, it's important for them to know how to fill out daily logs. Some circumstances may require it. So, this video covers the details on what a logbook looks like, what information it requires, how to record this information properly, as well as how long to keep logs and where.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Part 7: Interstate Truck Driver Guide to HOS

Type: 28-page PDF

This guidebook, provided by the FMCSA, covers specifics of the hours of service rules. Learn about the regulations, who must comply, time limits, the difference between on-duty and off-duty time, exemptions to the rules, and how to record hours served.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Part 8: HOS ELD

Length: 04:25

This section of the hours of service training module teaches how ELDs work, who must use them, and why they are an improvement on how drivers track their hours.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Part 9: Exemptions/Exceptions

Length: 02:57

There are driving situations where hours of service may not apply or may function a little differently. In this final section of the HOS training module some of these exceptions and their corresponding rules are discussed.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Hours of Service Changes in 2020

Length: 02:08

This short video discusses recent changes made to the FMCSA hours of service regulations.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish



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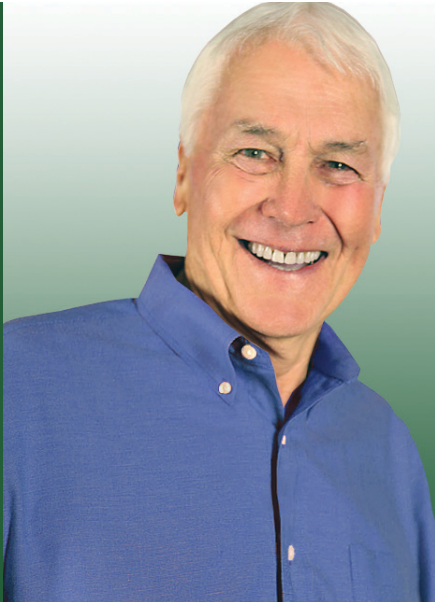
Do you have problems with employee retention? Are all of your employees working together to make your company a place where people want to work?

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- Drivers
- Operations
- Dispatchers
- Shop
- Recruiting
- Back office
- Everyone else!

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COURSE CATALOG

CORONAVIRUS

Coronavirus 2019 – Cabin Sanitation

Length: 3:10

This video covers acceptable disinfectants and effective ways of sanitizing a truck cabin during the COVID-19 pandemic.

Section: Trucking Industry

Module: Coronavirus 2019 – Trucking

*Available in Spanish



Coronavirus 2019 – Crisis Trip Planning

Length: 2:28

Learn steps you can take to plan for life on the road during the COVID-19 pandemic.

Section: Trucking Industry

Module: Coronavirus 2019 – Trucking

*Available in Spanish

Coronavirus Factsheet

Length: 1-page PDF

A one-page factsheet from the CDC with information about the coronavirus in the US.

Section: Trucking Industry

Module: Coronavirus Factsheet

Coronavirus 2019 – Freight Management

Length: 3:19

This video briefly discusses how to protect freight during the COVID-19 pandemic and what to do if you get sick while hauling freight.

Section: Trucking Industry

Module: Coronavirus 2019 – Trucking

*Available in Spanish

Coronavirus 2019 - General Health Tips

Length: 3:18

Learn how to practice good hygiene etiquette and do your part to stop the transmission of COVID-19.

Section: Trucking Industry

Module: Coronavirus 2019 – Trucking

*Available in Spanish

Coronavirus 2019 – General Information

Length: 6:16

This video aims to present known facts about coronavirus disease 2019 (COVID-19) according to the CDC and World Health Organizations. Symptoms, transmission facts, and prevention are covered.

Section: Trucking Industry

Module: Coronavirus 2019 – Trucking

*Available in Spanish

Coronavirus 2019 – HOS Exemption

Length: 3-page PDF

Description: Specific exceptions to hours-of-service regulations and related stipulations during the pandemic are covered in this Emergency Declaration issued by the FMCSA.

Section: Trucking Industry

Module: Coronavirus 2019 – Trucking

Coronavirus 2019 – Self-Assessment

Length: 3:21

Learn what to look for when self-assessing symptoms for COVID-19 and what to do if you believe you may be infected.

Section: Trucking Industry

Module: Coronavirus 2019 – Trucking

*Available in Spanish

BUSINESS ACUMEN

CBSI TRAINING

Business Structure: Choosing the Right One

Length: 10:25

This segment will focus on the importance of the proper formation of your company. From sole proprietor to an S-Corporation, the video will explain the different options that you have and tax consequences.

Section: CBSI 6 Part Series

Module: Key 1 Business Structure

Building Your Business Team: No One Can Do It Alone

Length: 02:37

Discusses the importance of who hire to allow you to operate your new business.

Section: CBSI 6 Part Series

Module: Key 2 Building Your Business Team

Running Your Business: Doing the Fundamentals

Length: 07:11

This video addresses doing the fundamentals right. Proper file keeping, paying bills on time, and delegation of tasks.

Section: CBSI 6 Part Series

Module: Key 3 Running Your Business

Paying Attention to the IRS

Length: 06:26

This video addresses quarterly filings and tax returns.

Section: CBSI 6 Part Series

Module: Key 4 Paying Attention to the IRS

Having Financial Info. Available to Run Your Business

Length: 07:06

This video addresses Federal as well as State compliance records and timely tracking reports to keep you informed of your firm's financial status.

Section: CBSI 6 Part Series

Module: Key 5 Having Financial Information Available

Stability – The IT Factor

Length: 05:00

This computer system and program allows you to focus on growth and income, efficiency, and profitability.

Section: CBSI 6 Part Series

Module: Key 6 Stability

Carriers Running a Business

Length: 52:41

In this webinar, Mark Bobilya, President of CBSI, gives tips on maximizing revenue and minimizing expenses.

Section: Best Practices Webinars

Module: 2011 Webinars

INSURANCE COVERAGE

Trucking Industry Best Practices, Bob Perew

Length: 01:00:42

Bob Perew, Senior Loss Control Specialist for Canal Insurance Company, discusses the major characteristics of the best trucking companies, including management, financial statements, business growth, strong safety culture, and driver compensation.

Section: Best Practices Webinars

Module: 2019 Webinars

Loss Control as Cost Containment

Length: 55:00

In this webinar, Gary Flaherty from Canal Insurance shares information on what tools are available through insurance companies to help with cost containment. Gary also discusses what insurance companies look for and why they look for certain things during the underwriting process.

Section: Best Practices Webinars

Module: 2016 Webinars

Trucking Companies, Insurance's Bad Bet?

Length: 58:08

Trucking companies are typically viewed as a bad bet from an insurance perspective. Rates and premiums seem to escalate year over year. During this webinar, LaPorte Insurance will explain the truck insurance marketplace, factors that determine how a carrier is underwritten, where underwriting is headed in the future, and what you as a consumer can do about it.

Section: Best Practices Webinars

Module: 2016 Webinars

RUNNING A BUSINESS

You are Running a Business

Length: 39:08

In this webinar, Fred Marsicano of Triple Crown Services, Inc. discusses an owner-operator orientation program that includes significant business support training.

Section: Best Practices Webinars

Module: 2012 Webinars

Employee Handbooks: Policy Updates You Need to Make

Length: 1:04:35

Attorney Greg McAllister reviews new laws in multiple areas that you need to understand as you review policies and update your employee handbooks.

Section: Human Resources - Infit-I

Module: Webinars

CSA BASICS

CSA MINUTES

Broken or Discolored Windshield

Length: 0:55

A short CSA reminder addressing a broken or discolored windshield.

Section: CSA Minutes

Module: CSA Minutes

Driver Intervention – Part 1

Length: 01:21

A reminder on the impact of CSA violations and whom they impact.

Section: CSA Minutes

Module: CSA Minutes

Driver Intervention – Part 2

Length: 02:42

A reminder on when and how a driver can be intervened.

Section: CSA Minutes

Module: CSA Minutes

Driving a CMV While Disqualified From Holding a CDL 383.51(a)



Length: 1:02

This video discusses the violation of driving a CMV while disqualified from holding a CDL.

Section: CSA Minutes

Module: CSA Minutes

Driving More Than 11 Hours

Length: 01:41

A reminder addressing the violation of driving more than 11 hours without a 10 hour break.

Section: CSA Minutes

Module: CSA Minutes

Driving While Ill or Fatigued

Length - 01:12

A short CSA reminder addressing driving while ill or fatigued is illegal.

Section: CSA Minutes

Module: CSA Minutes

*Available in Spanish

Driving with Exposed Belts or Ply

Length: 01:40

Remember to address faulty tires from exposed belts or ply.

Section: CSA Minutes

Module: CSA Minutes

Driving without Required Paperwork

Length: 01:39

A reminder addressing the importance of having the proper documentation available at all times.

Section: CSA Minutes

Module: CSA Minutes

Driving without Valid CDL

Length: 01:14

This video discusses why operating a CMV without a valid commercial driver's license (CDL) is a violation of the Driver Fitness BASIC under the FMCSR Part 383.23(a)(2).

Section: CSA Minutes

Module: CSA Minutes

ELD - Necessary Related Materials

Length: 1:32

This video discusses various materials related to ELDs that drivers are required to maintain. Failure to maintain these materials are violations of the Hours of Service Compliance BASIC.

Section: CSA Minutes

Module: CSA Minutes

ELD - Failure to Provide Supporting Documents

Length: 1:30

This video discusses the supporting documents a driver must keep in their possession and provide upon request. Failure to provide supporting documents in relation to ELDs is a violation of the Hours of Service Compliance BASIC.

Section: CSA Minutes

Module: CSA Minutes

ELD - Display Screen Cannot Be Viewed Outside of the CMV

Length: 1:06

This video discusses ELDs and how the display screen for an ELD must be able to be viewed from outside of the CMV. An ELD's display screen that cannot be viewed outside of the CMV is a violation of the Hours of Service Compliance BASIC.

Section: CSA Minutes

Module: CSA Minutes

ELD - Driver Failed to Assume or Decline Unassigned Driving Time 395.32B

Length: 1:13

This video discusses the situations in which a driver must assume or decline unassigned driving time and the point amount associated with this type of violation.

Section: CSA Minutes

Module: CSA Minutes

ELD - Driver Failed to Manually Add Information 395.24C

Length: 1:33

This video discusses the situations in which you must verify or manually notate actions in an ELD.

Section: CSA Minutes

Module: CSA Minutes

ELD - Driver Failed to Select Special Driving Category 395.28

Length: 1:13

This video discusses the violation of a driver failing to select a special driving category or other similar situations and the point amount associated with this type of violation.

Section: CSA Minutes

Module: CSA Minutes

ELD - Failing to Follow the Prompts from the ELD

395.30C

Length: 1:04

This video discusses violation 395.30C, where a driver fails to follow the prompts from the ELD as well as the point amount associated with this type of violation.

Section: CSA Minutes

Module: CSA Minutes

ELD - Failing to Note Malfunctions that Requires Use of Paper Log 395.34A1

Length: 1:20

This video discusses failing to note malfunctions of an ELD that require the use of paper logs and the point violation associated with this.

Section: CSA Minutes

Module: CSA Minutes

ELD - No Record of Duty Status 395.8A

Length: 1:19

This video discusses the appropriate methods to record your record of duty status.

Section: CSA Minutes

Module: CSA Minutes

ELD - Operating with a Device Not Registered with FMCSA

Length: 1:07

This video discusses the fact that operating with an ELD device that is not registered with the FMCSA a violation of the Hours of Service Compliance BASIC.

Section: CSA Minutes

Module: CSA Minutes

ELD - Portable ELD Not Mounted in a Fixed and Visible Position

Length: 1:08

This video discusses the proper mounting and visibility of portable ELDs. Portable ELDs not mounted in a fixed position and being visible to the driver is a violation of the Hours of Service Compliance BASIC.

Section: CSA Minutes

Module: CSA Minutes

Failure to Conduct a Pre-trip Inspection

Length: 01:09

This is a short reminder that failure to do a proper pre-trip inspection is a violation of CSA.

Section: CSA Minutes

Module: CSA Minutes

Failure to Control Fuel of HM 397.15

Length: 1:12

A short CSA minute addressing leaving your vehicle unattended while fueling.

Section: CSA Minutes

Module: CSA Minutes



Failure to Retain 7 Days of Logs

Length: 01:24

A reminder showing the violation for failure to retain logs.

Section: CSA Minutes

Module: CSA Minutes

Failure to Use Caution For Hazardous Conditions

Length: 01:08

A brief CSA reminder on driving through work zones or other hazardous conditions.

Section: CSA Minutes

Module: CSA Minutes

Failure to Wear Hearing Aids or Glasses

Length: 01:14

A reminder on wearing hearing aids and prescription glasses.

Section: CSA Minutes

Module: CSA Minutes

Following Too Close 392.2FC

Length: 1:14

This video discusses the violation of following too close, which is a violation of the Unsafe Driving BASIC.

Section: CSA Minutes

Module: CSA Minutes

General Qualifications - 391.11(b)

Length: 1:18

This video discusses the general qualifications for operating a commercial motor vehicle.

Section: CSA Minutes

Module: CSA Minutes

General Securement 392.9 - 392.9(a)(3)

Length: 2:06

This video discusses violations 392.9 through 392.9(a)(3), general securement.

Section: CSA Minutes

Module: CSA Minutes



Hazardous Materials Package Specification

Length: 1:20

This video discusses representing a package as meeting a specification that does not meet a specification, which is a violation of the Hazardous Materials Compliance BASIC.

Section: CSA Minutes

Module: CSA Minutes

Hood Not Securely Fastened

Length: 01:31

A reminder on securely fastening the hood.

Section: CSA Minutes

Module: CSA Minutes

Improper Flag Placement

Length: 01:10

A reminder about the Vehicle Maintenance violation of improper placement of flags on a permitted load.

Section: CSA Minutes

Module: CSA Minutes

Improperly Loaded or Secured Cargo

Length: 01:12

Remember to ensure your cargo is loaded and secured properly.

Section: CSA Minutes

Module: CSA Minutes

Inoperative/Defective Brakes - 393.48(a)

Length: 1:09

This video discusses the inoperative/defective brakes violation under the Vehicle Maintenance Basic.

Section: CSA Minutes

Module: CSA Minutes

Inoperative Headlamps

Length: 01:17

Reminder about inoperative headlamp Vehicle Maintenance violations.

Section: CSA Minutes

Module: CSA Minutes

Inoperative Tail Lights

Length: 01:15

Reminder about inoperative tail lights Vehicle Maintenance violations.

Section: CSA Minutes

Module: CSA Minutes

Inoperative Turn Signal 393.9TS

Length: 1:00

This video discusses the use of inoperative turn signals and the associated point violation.

Section: CSA Minutes

Module: CSA Minutes

In Possession or Under the Influence of a Narcotic Drug or Amphetamine

Length: 1:43

This video discusses a driver being under the influence of or in possession of a narcotic drug/amphetamine, which is a violation of the Controlled Substances/Alcohol BASIC.

Section: CSA Minutes

Module: CSA Minutes

Leaking Fluid

Length: 01:49

Reminder about leaking fluids Vehicle Maintenance violations.

Section: CSA Minutes

Module: CSA Minutes

Leaking, Spilling, or Blowing Cargo

Length: 01:59

Remember it is a Vehicle Maintenance/Cargo Securement violation if cargo is leaking, spilling, blowing, or falling.

Section: CSA Minutes

Module: CSA Minutes

Lubrication & Oil and/or Grease Leak 396.5(a) 396.5(b)



Length: 1:14

This video discusses the following violations, Failing to ensure that the vehicle is properly lubricated and Oil and/or grease leak.

Section: CSA Minutes

Module: CSA Minutes

No Medical Certificate in Driver's Possession 391.41(a)

Length: 1:26

This video discusses the violation of no medical certificate in driver's possession, which is a violation under the Driver Fitness BASIC.

Section: CSA Minutes

Module: CSA Minutes

OOS

Length: 01:44

A reminder of how failure to retain or properly prepare record of duty status is a violation of CSA.

Section: CSA Minutes

Module: CSA Minutes

Operating CMV with Lamps - Reflectors Obscured 392.33

Length: 1:08

This video discusses operating a CMV with lamps/reflectors obscured and the associated point violation.

Section: CSA Minutes

Module: CSA Minutes

Passenger Seat Belt

Length: 1:35

This video discusses the violation of operating a CMV while all other occupants are not properly restrained, which is a violation of the Unsafe Driving BASIC.

Section: CSA Minutes

Module: CSA Minutes

Possession of Alcohol

Length: 1:23

This video discusses a driver being in possession of alcohol while operating or in physical control of a CMV, which is a violation of the Controlled Substances/Alcohol BASIC.

Section: CSA Minutes

Module: CSA Minutes

Possession of Alcohol in Commercial Motor Vehicle

Length: 01:16

A reminder addressing possession of alcohol in commercial motor vehicles (CMV).

Section: CSA Minutes

Module: CSA Minutes

Seatbelts Update - 2016

Length: 02:00

This video details the August 2016 seatbelt law update requiring passengers to wear seatbelts.

Section: CSA Minutes

Module: CSA Minutes

Smoking with HazMat Load

Length: 01:29

A reminder that smoking within 25 feet of a hazardous load is a violation of CSA.

Section: CSA Minutes

Module: CSA Minutes

Speeding

Length: 03:34

A short CSA reminder on the various speeding violations.

Section: CSA Minutes

Module: CSA Minutes

*Available in Spanish

Texting While Driving

Length: 01:53

Texting while driving a CMV is a violation of CSA.

Section: CSA Minutes

Module: CSA Minutes

Tiedown - 393.104(f)

Length: 1:20

This video discusses the violations 393.104(f) through 393.104F4R, which identifies improper use of tie-downs.

Section: CSA Minutes

Module: CSA Minutes

Tire Condition - 393.75(a)

Length: 1:25

This video discusses the violations 393.75(a) through 393.75(a)(4), which provides details on proper tire condition.

Section: CSA Minutes

Module: CSA Minutes

Tire Load Limit and Underinflation

Length: 1:50

This video discusses the violations of the weight exceeding tire load limit and weight exceeding the tire rating due to underinflation. Both of these are CSA violations under the Vehicle Maintenance BASIC.

Section: CSA Minutes

Module: CSA Minutes

Tire Speed Restriction

Length: 1:28

This video discusses the violation of operating a CMV at speeds exceeding the speed restriction label of the tire, which is a violation of the Vehicle Maintenance BASIC.

Section: CSA Minutes

Module: CSA Minutes

Tire Tread

Length: 2:05

This video discusses the violations of tire-front tread depth less than 4/32 of an inch on a major tread groove, and tire-other tread depth less than 2/32 of an inch measured in 2 adjacent major tread grooves. Both of these are CSA violations under the Vehicle Maintenance BASIC.

Section: CSA Minutes

Module: CSA Minutes

Under the Influence of Alcohol

Length: 1:45

This video discusses a driver having any measured alcohol concentration or under the influence of alcohol while operating a CMV, which is a violation of the Controlled Substances/Alcohol BASIC.

Section: CSA Minutes

Module: CSA Minutes

Windshield Obstruction

Length: 2:46

This video discusses the windshield obstruction ruling created by the FMCSA that regulates the placement of certain devices on the windshield.

Section: CSA Minutes

Module: CSA Minutes

CSA DRIVER'S SERIES

Introduction/Overview – Part 1

Length: 04:01

Compliance, Safety & Accountability (CSA) is a Federal Motor Carrier Safety Administration (FMCSA) safety program designed to improve large truck and bus safety. This video provides an overview of CSA.

Section: Trucking Industry

Module: CSA Driver's Series

Controlled Substance/Alcohol BASIC – Part 2

Length: 03:44

Compliance, Safety & Accountability (CSA) is a Federal Motor Carrier Safety Administration (FMCSA) program designed to improve large truck and bus safety. This video discusses the Controlled Substances/Alcohol BASIC, including the severity of potential violations, point values, and what drivers can do to avoid violations under this BASIC.

Section: Trucking Industry

Module: CSA Driver's Series

*Available in Spanish

Crash Indicator BASIC – Part 3

Length: 03:57

Compliance, Safety & Accountability (CSA) is a Federal Motor Carrier Safety Administration (FMCSA) program designed to improve large truck and bus safety. This video discusses the Controlled Substances/Alcohol BASIC, including the severity of potential violations, point values, and what drivers can do to avoid violations under this BASIC.

Section: Trucking Industry

Module: CSA Driver's Series

Driver Fitness BASIC – Part 4

Length: 03:57

Compliance, Safety & Accountability (CSA) is a Federal Motor Carrier Safety Administration (FMCSA) program designed to improve large truck and bus safety. This video discusses the Driver Fitness BASIC, including the severity of potential violations, point values, and what drivers can do to avoid violations under this BASIC.

Section: Trucking Industry

Module: CSA Driver's Series

*Available in Spanish

Hazmat Compliance BASIC – Part 5

Length: 03:25

Compliance, Safety & Accountability (CSA) is a Federal Motor Carrier Safety Administration (FMCSA) program designed to improve large truck and bus safety. This video discusses Hazmat compliance, including the severity of potential violations, point values, and what drivers can do to avoid violations under this BASIC.

Section: Trucking Industry

Module: CSA Driver's Series

*Available in Spanish

HOS Compliance BASIC – Part 6

Length: 04:55

Compliance, Safety & Accountability (CSA) is a Federal Motor Carrier Safety Administration (FMCSA) program designed to improve large truck and bus safety. This video discusses Hours of Service (HOS) compliance, including the severity of potential violations, point values, and what drivers can do to avoid violations under this BASIC.

Section: Trucking Industry

Module: CSA Driver's Series

*Available in Spanish

Unsafe Driving BASIC – Part 7

Length: 03:38

Compliance, Safety & Accountability (CSA) is a Federal Motor Carrier Safety Administration (FMCSA) program designed to improve large truck and bus safety. This video discusses the Unsafe Driving BASIC, including the severity of potential violations, point values, and what drivers can do to avoid violations under this BASIC.

Section: Trucking Industry

Module: CSA Driver's Series

Vehicle Maintenance Basic – Part 8

Length: 03:48

Compliance, Safety & Accountability (CSA) is a Federal Motor Carrier Safety Administration (FMCSA) program designed to improve large truck and bus safety. This video discusses the Vehicle Maintenance BASIC, including the severity of potential violations, point values, and what drivers can do to avoid violations under this BASIC.

Section: Trucking Industry

Module: CSA Driver's Series

CSA MANAGER'S SERIES

Introduction/Overview – Part 1

Length: 04:01

Overview of the FMCSA's CSA initiative. Covers what CSA is, why it is needed, how it works, and the role of both the carrier and driver in CSA. The 3 Operational Model components are discussed.

Section: Trucking Industry

Module: CSA Management Series

Controlled Substance/Alcohol BASIC – Part 2

Length: 04:50

Discusses the Driver Fitness BASIC; motor carriers and where they stand; the documents associated with BASIC that Motor Carriers should keep, and how motor carriers and their drivers can improve safety performance in the Controlled Substances/Alcohol BASIC.

Section: Trucking Industry

Module: CSA Management Series

Crash Indicator BASIC – Part 3

Length: 04:31

Discusses the Crash Indicator BASIC; motor carriers and where they stand; the documents associated with BASIC that Motor Carriers should keep, and how motor carriers and their drivers can improve safety performance.

Section: Trucking Industry

Module: CSA Management Series

Driver Fitness BASIC – Part 4

Length: 04:10

Discusses the Driver Fitness BASIC; motor carriers and where they stand; the documents associated with BASIC that Motor Carriers should keep, and how motor carriers and their drivers can improve safety performance.

Section: Trucking Industry

Module: CSA Management Series

Hazmat Compliance BASIC – Part 5

Length: 03:53

Discusses the Hazmat Compliance BASIC; motor carriers and where they stand; the documents associated with BASIC that Motor Carriers should keep, and how motor carriers and their drivers can improve safety performance.

Section: Trucking Industry

Module: CSA Management Series

HOS Compliance BASIC – Part 6

Length: 05:37

Discusses the Hours of Service (HOS) BASIC; motor carriers and where they stand; documents associated with this BASIC and which documents Motor Carriers should keep; how can motor carriers and their drivers improve safety performance in the HOS BASIC. Formerly known as the "Fatigued Driving BASIC".

Section: Trucking Industry

Module: CSA Management Series

Unsafe Driving BASIC – Part 7

Length: 04:05

This video deals with the Unsafe Driving BASIC. The video will discuss the definition of Unsafe Driving BASIC; motor carriers and where they stand; documents associated with this BASIC and which documents Motor Carriers should keep; how motor carriers and their drivers improve safety performance in the Unsafe Driving BASIC.

Section: Trucking Industry

Module: CSA Management Series

*Available in Spanish

Vehicle Maintenance BASIC – Part 8

Length: 04:39

This video deals with the Vehicle Maintenance BASIC. The video will discuss the definition of Vehicle Maintenance BASIC; motor carriers and where they stand; documents associated with this BASIC and which documents Motor Carriers keep and how motor carriers and their drivers improve safety performance in the Vehicle Maintenance BASIC.

Section: Trucking Industry

Module: CSA Management Series

CSA HOURS OF SERVICE

Part 1: Introduction to Hours of Service



Length: 02:38

This video introduces and discusses who must comply with hours of service regulations.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Part 2: The 14 Hour Window/11 Hour Limit/ 60-70 Hour Limit

Length: 03:28

The three maximum duty limits under the hours of service regulations for commercial motor vehicle operators are discussed in detail.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Part 3: The Thirty Minute Break & 34 Hour Restart

Length: 02:08

The thirty-minute break and 34-hour restart rules of the hours of service regulations are explained.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Part 4: On-Duty Time/Travel Time/ Off-Duty Time

Length: 03:36

This video details the differences between on-duty, off-duty, and travel time according to FMCSA hours of service regulations.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Part 5: The Sleeper Berth Provision

Length: 05:05

This video covers the nuances of using the sleeper berth to serve required hours off-duty while on the road.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Part 6: The Driver's Daily Log Book

Length: 04:06

Even if drivers utilize the updated ELD method of tracking hours of service, it's important for them to know how to fill out daily logs. Some circumstances may require it. So, this video covers the details on what a logbook looks like, what information it requires, how to record this information properly, as well as how long to keep logs and where.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Part 7: Interstate Truck Driver Guide to HOS

Type: 28-page PDF

This guidebook, provided by the FMCSA, covers specifics of the hours of service rules. Learn about the regulations, who must comply, time limits, the difference between on-duty and off-duty time, exemptions to the rules, and how to record hours served.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Part 8: HOS ELD

Length: 04:25

This section of the hours of service training module teaches how ELDs work, who must use them, and why they are an improvement on how drivers track their hours.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Part 9: Exemptions/Exceptions



Length: 02:57

There are driving situations where hours of service may not apply or may function a little differently. In this final section of the HOS training module some of these exceptions and their corresponding rules are discussed.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

Hours of Service Changes in 2020

Length: 02:08

This short video discusses recent changes made to the FMCSA hours of service regulations.

Section: Trucking Industry

Module: Hours of Service

*Available in Spanish

HOS White Paper

Type: Paper

A detailed paper documenting many of the changes posted in the Final Rule of December, 2011. Viewers will learn the differences between the old rule and the new rule, duty limits, team drivers, "on-duty" time, exceptions, and much more.

Section: Trucking Industry

Module: HOS Final Rule

CSA WEBINARS

How to Prepare for Major Changes to CSA in 2019

Length: 01:02:02

Craig Lack and Buddy Walls of Carrier Software join Infiti-I Workforce Solutions to discuss how CSA is going to change, the current CSA vs New IRT model, how this will affect transportation companies, and how you can stay ahead of the CSA changes.

Section: Best Practices Webinars

Module: 2019 Webinars

Intervention Management – Surviving a CSA Audit

Length: 54:41

In this webinar, Ken Rideout of Fleet Management Strategies discusses safety and compliance and how to effectively get through a CSA audit.

Section: Best Practices Webinars

Module: 2012 Webinars

Using CSA to Improve Your Safety

Length: 40:15

In this webinar, Michael Lamm, Assistant Division Administrator of the Texas Division of USDOT-FMCSA, discusses improving safety using CSA.

Section: Best Practices Webinars

Module: 2012 Webinars

Improve CSA Scores and Safety Using EOBR Data

Length: 50:43

Ward Warkentin, CEO of Fleetmetrica, Inc., discusses ways to improve your CSA scores and safety by using EOBR data.

Section: Best Practices Webinars

Module: 2013 Webinars

Overview of the CSA Safety Management

Length: 58:07

This webinar discusses a systematic approach to CSA.

Section: Best Practices Webinars

Module: 2013 Webinars

Improve CSA Scores and Safety Using Quality Tools

Length: 1:13:00

Ward Warkentin, CEO of Fleetmetrica, and Allan Hicks, VP of Safety for BR Williams Trucking, discuss ways to improve CSA scores and safety using quality tools.

Section: Best Practices Webinars

Module: 2014 Webinars

Navigating FMCSA Websites to Improve CSA Scores

Length: 58:47

Allan Hicks, VP of Safety at BR Williams Trucking, Inc., discusses how to use the FMCSA to improve CSA scores.

Section: Best Practices Webinars

Module: 2014 Webinars

DRIVER GENERAL KNOWLEDGE

CARGO SECUREMENT

Cargo Door Safety

Length: 05:43

This video details the safe operation of trailer cargo doors. Proper exiting technique from the trailer and proper opening and securement of the doors are detailed.

Section: Trucking Industry

Module: Cargo Door Safety

*Available in Spanish

Cargo Securement

Length: 03:10

Not knowing how to properly secure a load can cause loss of life, loss of cargo, and accidents with other vehicles. This video discusses the common elements of a cargo securement system and the roles of front-end structures in cargo securement. Additionally, the video discusses how to properly use securement tools and how to properly secure and inspect various types of cargo.

Section: Trucking Industry

Module: Cargo Securement

Overweight Trailers - Calculating Load

Length: 5:51

Federal regulations for calculating and distributing a load are covered in this video. Also discussed are ways to alter weight distribution and regulations on oversized or overweight trailers.

Section: Trucking Industry

Module: Overweight Trailers - Calculating Load

*Available in Spanish



COUPLING & UNCOUPLING

Coupling - 2016

Length: 05:47

This video discusses proper procedures for coupling a trailer, including methods of approach and contact and identification of parts and hazards.

Section: Trucking Industry

Module: Coupling and Uncoupling - 2016

*Available in Spanish

Uncoupling - 2016

Length: 02:58

This video discusses the proper procedures involved in uncoupling a trailer, including the importance of solid ground, inspection, and personal safety.

Section: Trucking Industry

Module: Coupling and Uncoupling - 2016

*Available in Spanish

DRIVER BEST PRACTICES

Dump Truck Safety

Length: 10:05

This video focuses on dump truck safety considerations, preventive maintenance, pre- and post-trip vehicle inspections, weight maximums, and bed operations.

Section: Trucking Industry

Module: Dump Truck Safety

Bucket Truck

Length: 17:39

This video covers bucket truck safety, pre-trip inspection, and personal protective gear. It also covers the importance of establishing a safe working area, job site survey, safety cones and flags, and common obstructions on job sites.

Section: Trucking Industry

Module: Bucket Truck

Cargo Theft

Length: 10:58

This video discusses the need for growing vigilance of cargo theft and the need for active prevention and deterrence measures. It discusses proper orientation and pre-trip inspections, pad locks vs. seals, "200 mile Red Zone", having an active GPS, and layered security measures such as cargo tracking devices and regular check-ins at all stops.

Section: Trucking Industry

Module: Cargo Theft

*Available in Spanish

Control Systems/Dashboard

Length: 13:27

This video provides a detailed description of instruments, gauges, and controls found on the dashboard and in the cab of a typical large truck. Trainees will learn how to locate, understand, and use these tools as well as safety components available to them.

Section: Trucking Industry

Module: Control Systems/Dashboard

*Available in Spanish

Loading, Transporting, and Unloading Heavy Equipment

Length: 12:02

This video covers key areas regarding the transportation, routing and proper loading of heavy equipment.

Section: Trucking Industry

Module: Loading, Transporting, and Unloading Heavy Equipment

Low Clearance

Length: 05:20

This video will discuss the importance of knowing what low clearance hazards look like and how best to avoid them.

Section: Trucking Industry

Module: Low Clearance

*Available in Spanish

Merging

Length: 04:32

Learn the intricacies and nuances of approaching and correctly performing a merge. This video also explores when to merge early or utilize the zipper merge technique and issues to avoid while merging

Section: Trucking Industry

Module: Merging

Route Management

Length: 09:29

This video goes over scenarios drivers find themselves in when delivering a load. It discusses proper pre-trip planning, determining the best highways, jotting down notes to refer to while driving, and GPS mistakes. It also discusses taking breaks, rush-hour traffic, fuel stops, route management issues, and communication with the dispatcher and the customer.

Section: Trucking Industry

Module: Route Management

*Available in Spanish

Seatbelts

Length: 05:06

This video defines the intended uses for seatbelts and illustrates how seatbelts prevent being thrown from the vehicle.

Section: Trucking Industry

Module: Seatbelts

*Available in Spanish

Shifting/Operating Transmissions

Length: 08:53

This video explains the function of and types of transmissions as well as proper shifting procedures.

Section: Trucking Industry

Module: Shifting/Operating Transmissions

*Available in Spanish

Triangle Placement

Length: 05:39

When a CMV is stopped on the side of the road, DOT regulations require warning signal flashers and triangles to be properly placed on the road. This video discusses the proper procedures for triangle placement and walks through various scenarios.

Section: Trucking Industry

Module: Triangle Placement

SAFE DRIVING

Driving in Extreme Weather Conditions

Length: 09:10

When driving in extreme weather conditions, it is important to be aware of safety best practices to avoid accidents. This video discusses tips like proceeding slowly and cautiously and lengthening following distance to allow time and space to stop or maneuver the truck.

Section: Trucking Industry

Module: Driving in Extreme Weather Conditions

*Available in Spanish

Driving Through Work Zones



Length: 04:54

Each year, a high number of accidents occur in work zones. This video discusses types of work zone related accidents and how to avoid them.

Section: Trucking Industry

Module: Driving Through Work Zones

*Available in Spanish

Lane Restrictions



Length: 4:52

Learn when and where left lane travel is acceptable for large commercial motor vehicles.

Section: Trucking Industry

Module: Lane Restrictions

*Available in Spanish

Traffic Signs

Length: 12:36

This video discusses the many categories of traffic signs, highlighting shapes, coloration, and information that the different categories present.

Section: Trucking Industry

Module: Traffic Control Devices

*Available in Spanish

Turning



Length: 05:50

This video discusses the fundamentals and best practice procedures involving single and multiple-lane turns in a CMV.

Section: Trucking Industry

Module: Turning

*Available in Spanish

DRIVER RETENTION

DAN BAKER'S TIPS & IDEAS

Dan Baker Dispatcher/Driver Relationship Curriculum

Length: 38:00

In this webinar, Dan Baker discusses the dispatcher/driver relationship.

Section: Best Practices Webinars

Module: 2011 Webinars

Dan Baker Webinar to Infnit-I

Length: 46:25

In this webinar, Dan Baker discusses the dispatcher/driver relationship.

Section: Best Practices Webinars

Module: 2012 Webinars

The Dispatcher Driver Relationship & Other Ideas from Dan Baker

Length: 50:40

A critical element to improving entry-level driver training at your trucking company is to ensure dispatchers and drivers have a great working relationship. Additionally, new drivers need to be learning from your best seasoned drivers.

Section: Best Practices Webinars

Module: 2015 Webinars

Reducing Driver Turnover with Dan Baker



Length: 34:42

Dan Baker, one of trucking's senior statesmen, reviews ways to keep drivers on the road and reduce driver turnover in a time of a constantly changing workplace.

Section: 2020 Webinars

Module: Best Practices Webinars

Trucking Generational Challenge

Length: 47:06

Dan Baker discusses the cultural differences between generations of drivers and the challenges these differences pose.

Section: Best Practices Webinars

Module: 2012 Webinars

RETENTION STRATEGIES

Attracting and Retaining Female Drivers

Length: 48:59

Ellen Voie, President and CEO of the Women in Trucking Association shares research and best practices for hiring and keeping female drivers.

Section: Best Practices Webinars

Module: 2019 Webinars

Challenges Women Face

Length: 57:16

Ellen Voie, President/CEO of Women in Trucking, Inc., discusses the challenges that women face in the trucking industry.

Section: Best Practices Webinars

Module: 2013 Webinars

Driver Retention Strategies

Length: 44:55

Ray Haight, Former CEO of Transrep, Inc., discusses some strategies in finding and keeping good drivers.

Section: Best Practices Webinars

Module: 2013 Webinars

Modern Recruiting in a Driver Shortage

Length: 41:55

In this webinar, Jeremy Reymer, founder and CEO of DriverReach, goes over ways to create a better applicant experience, provide impactful human interactions from the very beginning, and utilize simple, modern technology to support your recruiting efforts.

Section: Best Practices Webinars

Module: 2019 Webinars

The Perfect Storm

Length: 53:04

This webinar discusses ways of retaining drivers and weathering today's driver shortage.

Section: Best Practices Webinars

Module: 2011 Webinars

Intervention Management

Length: 1:10:37

In this webinar, Ken Rideout of Fleet Management Strategies discusses types of intervention, intervention triggers, and how to manage interventions.

Section: Best Practices Webinars

Module: 2011 Webinars

DRIVER SKILLS BEST PRACTICES

COLLISIONS, ROLLOVERS & JACKKNIFING

At the Scene of an Accident

Length: 09:07

Anytime a truck driver is involved in an accident, they must remember the chance of lawsuits is high. This video discusses the correct responses drivers should give and the behaviors drivers should exhibit around law enforcement and others while on the scene of an accident.

Section: Trucking Industry

Module: At the Scene of an Accident

*Available in Spanish

Driver Factors

Length: 05:38

This video discusses driver factors that can cause rollovers including speeding, cell phone use, complacency, driver fatigue, and driving under the influence.

Section: Trucking Industry

Module: Cargo Tank Driver Rollover Prevention

Dry Van Rollover

Length: 05:48

This video discusses the causes and best practices for prevention of a rollover event. It discusses cargo securement, load limit, and correct driving habits that all help prevent rollovers.

Section: Trucking Industry

Module: Dry Van Rollovers

*Available in Spanish

Dry Van Rollovers - No Touch

Length: 03:54

This video discusses the causes and best practices for prevention of a rollover event. It discusses cargo load shifting and correct driving habits that help drivers of no touch freight prevent rollovers.

Module Section: Trucking Industry

Module: Dry Van Rollovers

Fixed Object Collisions - High Speed

Length: 06:36

This video discusses the common causes and solutions for fixed object collisions that occur at high speeds.

Section: Trucking Industry

Module: Fixed Object Collisions

*Available in Spanish

Fixed Object Collisions - Low Speed

Length: 07:33

This video discusses the common causes and solutions for fixed object collisions that occur at low speeds.

Section: Trucking Industry

Module: Fixed Object Collisions

*Available in Spanish

Highway Factors

Length: 04:26

Highway factors that can cause rollovers are discussed such as sharp curves, steep grades, soft shoulders, hard berms, mounds & curbs, narrow driveways and limited visibility areas. Even though the tractor takes the turn just fine, drivers may have to watch the trailer a little closer.

Section: Trucking Industry

Module: Cargo Tank Driver Rollover Prevention

Jackknifing

Length: 04:45

To prevent a trailer from jackknifing, a professional truck driver must know the steps to follow when the brakes lock up and the trailer starts coming around. This video discusses both the physics behind jackknifing and trailer pull and prevention techniques to avoid jackknifing. Additionally, the video provides information about anti-lock braking systems (ABS).

Section: Trucking

Module: Jackknifing

*Available in Spanish

Load Effects

Length: 03:20

This video discusses how liquid payload contributes to rollovers, including how important the driver's movement and the load's shifts are when keeping the tank from rolling over. These movements include braking suddenly, returning to the road, moving too quickly, and shifting on a turn. Vehicle maintenance issues like brake performance, suspension damage, tire pressure, and load dynamics can also contribute to a rollover.

Section: Trucking Industry

Module: Cargo Tank Driver Rollover Prevention

Vehicle Design

Length: 04:26

Most tanker truck rollovers occur on straightaways, as opposed to entrance or exit ramps. This video goes over the design and performance of cargo tank trailers and what causes rollovers to happen based on the center of gravity.

Section: Trucking Industry

Module: Cargo Tank Driver Rollover Prevention

DEFENSIVE DRIVING

7 Essentials of Defensive Driving - Introduction

Length: 02:14

Any driver who understands proper defensive driving techniques should never have a chargeable accident. This video discusses a quick overview of the seven essentials of defensive driving.

Section: Trucking Industry

Module: Dean Huth – The Seven Essentials of Defensive Driving

Defensive Driving - Passenger Vehicle

Length: 4:27

This video discusses general practices for driving defensively in a passenger vehicle.

Section: Trucking Industry

Module: Defensive Driving - Passenger Vehicle

*Available in Spanish

Essentials of Defensive Driving

Length: 15:36

To be a safe driver, you must be a defensive driver. This video not only discusses the seven essentials for defensive driving but it also provides examples of how to use “the essentials” when driving.

Section: Trucking Industry

Module: Dean Huth – The Seven Essentials of Defensive Driving

7 Deadly Errors Cars Make Around Large Vehicles

Length: 05:39

One key way to improve your skills as a defensive driver is to be able to anticipate the mistakes other drivers will make around you. This video discusses the seven deadly errors small vehicles make around commercial motor vehicles (CMVs) and gives defensive driving tips for CMV drivers.

Section: Trucking Industry

Module: 7 Deadly Errors Cars Make Around Large Vehicles

*Available in Spanish

Approaching Intersections, Part 1

Length: 07:50

Traffic, road conditions, speeding, and weather can turn intersections into accident zones. This video discusses what the alert driver should be observing when approaching an intersection.

Section: Trucking Industry

Module: Approaching Intersections

Approaching Intersections, Part 2

Length: 06:38

Traffic, road conditions, speeding, and weather can turn intersections into accident zones. This video discusses “move over” laws, hard braking events, and the most common type of accident that occurs at an intersection.

Section: Trucking Industry

Module: Approaching Intersections

Intersections: Expect the Unexpected

UPDATED
2020

Length: 04:57

Intersections are dangerous places. Drivers pass through many intersections each day and may not be as alert as they should be. As professionals, drivers are responsible for their own safety and the safety of others on the road. This video reviews how to safely negotiate intersections.

Section: Trucking Industry

Module: Intersections Expect the Unexpected

*Available in Spanish

Backing a Rig Safely

Length: 05:18

One of the most intricate and dangerous maneuvers a truck driver performs is backing a rig. This video discusses the proper steps a driver should follow when backing a rig in tight corners. It also stresses the importance of paying attention to surroundings while backing a commercial motor vehicle.

Section: Trucking Industry

Module: Backing a Rig Safely

*Available in Spanish

Bridges and Overpasses

Length: 06:33

This video describes the potential hazards and dangers of bridges and overpasses to large commercial vehicles. Proper prevention techniques and reporting procedures are demonstrated in the video. Black ice is also discussed.

Section: Trucking Industry

Module: Bridges and Overpasses

*Available in Spanish

Changing Lanes for CMV Drivers

Length: 05:41

When a CMV driver attempts to make a lane change with inadequate surveillance, a preventable accident may happen. This video discusses the importance of executing a lane change correctly while demonstrating correct steps and discussing the most common errors made while changing lanes.

Section: Trucking Industry

Module: Changing Lanes

*Available in Spanish

Rapid Air Loss

Length: 08:55

Produced by Michelin, this video describes what a driver should do in the event of rapid air loss (blowout) of a steer or drive tire. The instruction includes details on compensating for side forces created by the blowout and maintaining control of the vehicle.

Section: Trucking Industry

Module: Rapid Air Loss

Railroad Crossings for CMV Drivers

Length: 04:15

CMV drivers must understand the proper procedures for approaching and driving over railroad crossings to prevent collisions with trains. This video discusses the importance of observing railroad crossings while emphasizing the dangers of both ignoring railroad markings and of stopping on railroad tracks.

Section: Trucking Industry

Module: Railroad Crossings

*Available in Spanish

Tailgating

Length: 6:58

Description: Defines the phenomenon known as Tailgating and the causes of the event; prepares drivers to expect this phenomenon; discusses prevention techniques and how to disengage from a tailgating car; discusses the importance of not tailgating cars ahead of the driver and appropriate following distances for certain conditions.

Section: Trucking Industry

Module: Tailgating

*Available in Spanish

Under Construction: Trucking in Work Zones – Pt 1

Length: 08:30

When driving through work zones, drivers should remember special caution is needed to avoid preventable accidents. This video discusses how road conditions, time of day, and lighting all contribute to unique problems that can cause accidents in work zones.

Section: Trucking Industry:

Module: Under Construction: Trucking in Work Zones

Under Construction: Trucking in Work Zones – Pt 2

Length: 08:13

As drivers pass through potentially hazardous work zones, it is important they use caution to avoid preventable accidents. This video discusses the importance of maintaining proper speed, avoiding convoys, and expecting the unexpected.

Section: Trucking Industry:

Module: Under Construction: Trucking in Work Zones

Unsafe Driving Acts of Motorists Around Large Trucks

Length: 17:49

This video discusses 23 unsafe driving acts commonly performed by motorists around large trucks.

Section: Trucking Industry

Module: Unsafe Driving Acts of Motorists in Vicinity of Large Trucks

DISTRACTED DRIVING

The Complacency Dilemma

Length: 1:00:08

This webinar talks about driver complacency and best practices for preventing it. But, is complacency the problem, or is the issue more complex than that? There seems to be an upward trend in several industries to list “complacency” as a contributory cause on accident investigation reports. Complacency is a state of mind, which is not necessarily the only influence on safety choices or behaviors.

Section: Best Practices Webinars

Module: 2015 Webinars

Conquer Distracted Driving by Becoming an ACE

Length: 58:21

Distracted driving is currently one of the major causes of accidents. Most organizations attempt to address this issue with new policies, training, or a combination. Policies tend to focus on limiting cell usage, which doesn't address other factors, and training tends to not change habit. ACE (Attention, Control, Eyes on Road) was created to address this challenge.

Section: Best Practices Webinars

Module: 2016 Webinars

Distracted Driving: Family at Cemetery

Length: 01:14

It was only a second, but that's all it took for a driver to lose his life. Using real footage from a dashcam, this video is a reflective look at the devastating outcome that resulted from a distracted driver talking on the phone..

Section: Trucking Industry

Module: Distracted Driving Family at Cemetery

*Available in Spanish & French

Distracted Driving: Grocery Cart Worker

Length: 01:12

Powerful, real life, drive cam video of driver distracted by texting and the life changing outcome.

Section: Trucking Industry

Module: Distracted Driving Grocery Cart Worker

*Available in Spanish & French

Distracted Driving: Hands-Free Device Allowed

Length: 04:00

Using cell phones or electronic devices while driving can put lives at risk. This video discusses the possible distracted driving consequence of using hands-free devices. This video is for companies who have a “hands-free device” allowed policy.

Section: Trucking Industry

Module: Distracted Driving Awareness

*Available in Spanish & French

Distracted Driving: No Device Allowed

Length: 05:08

Using cell phones or electronic devices while driving can put lives at risk. This video discusses the possible distracted driving consequence of using hands-free devices. This video is for companies who have a “no device allowed” policy.

Section: Trucking Industry

Module: Distracted Driving Awareness

Road Rage for CMV Drivers

Length: 07:09

Learning how to handle aggressive drivers on the road as part of accident avoidance is important for the CMV driver. This video discusses the events that cause “road rage” and teaches drivers how to avoid conflict on the road by resetting both their focus and attitude.

Section: Trucking Industry

Module: Road Rage

*Available in Spanish

NIGHT DRIVING

Driving in the Dark

Length: 07:25

This video discusses the many situations you can encounter while driving at night and how to properly respond to them.

Section: Trucking Industry

Module: Night Driving

*Available in Spanish

Fighting Fatigue

Length: 04:59

This video discusses how to properly fight nighttime fatigue while driving in the dark.

Section: Trucking Industry

Module: Night Driving

*Available in Spanish

Preparing for the Dark

Length: 06:01

This video discusses proper maintenance of your vehicle and your body specifically for nighttime driving.

Section: Trucking Industry

Module: Night Driving

*Available in Spanish

The Dangers of Night Driving

Length: 04:40

This video discusses the many dangers of driving during the night time hours.

Section: Trucking Industry

Module: Night Driving

*Available in Spanish

SPEED AND SPACE MANAGEMENT

Speed and Space Management, Part 1: Overview

Length: 02:22

Understanding how to correctly monitor speed and space management is a key to safe driving. This video discusses the importance of managing vehicle speed and space to effectively deal with changing road conditions..

Section: Trucking Industry

Module: Speed and Space Management

*Available in Spanish

Speed and Space Management, Part 2:

Stopping Distance

Length: 02:55

Understanding how to correctly monitor speed and space management is a key to safe driving. This video discusses the roles perception distance, reaction distance, brake lag distance, and braking distance play in a drivers ability to stop a vehicle.

Section: Trucking Industry

Module: Speed and Space Management

*Available in Spanish

Speed and Space Management, Part 3:

Spatial Awareness

Length: 04:19

Understanding how to correctly monitor speed and space

management is a key to safe driving. This video discusses why a driver should always monitor space ahead, space behind, space to the sides, space above, and space below.

Section: Trucking Industry

Module: Speed and Space Management

*Available in Spanish

Speed and Space Management, Part 4:

Rollovers & Sideswipes

Length: 04:50

Understanding how to correctly monitor speed and space management is a key to safe driving. This video discusses accident prevention tips to avoid rollovers and sideswipes.

Section: Trucking Industry

Module: Speed and Space Management

*Available in Spanish

Speed and Space Management, Part 5:

Incident Avoidance

Length: 03:41

Understanding how to correctly monitor speed and space management is a key to safe driving. This video discusses accident prevention tips to avoid incidents involving intersection collisions, being rear-ended, skidding, and jackknifing.

Section: Trucking Industry

Module: Speed and Space Management

*Available in Spanish

DRUG & ALCOHOL TRAINING

REGULATORY OVERVIEW

Drug and Alcohol Clearinghouse

Length: 05:39

This video discusses the FMCSA requirements for a Commercial Driver's License Drug and Alcohol Clearinghouse.

Section: Drug and Alcohol Clearinghouse

Module: Trucking Industry

*Available in Spanish

Drug and Alcohol Clearinghouse – How to Register for Drivers

Length: PDF

Drivers must complete the registration process before they can respond to employer consent requests or access their driver record in the FMCSA Commercial Driver's License Drug and Alcohol Clearinghouse. This PDF provides instructions for a driver who holds either a commercial driver's license (CDL) or commercial learner's permit (CLP) to register and create an account.

Section: Trucking Industry

Module: Drug and Alcohol Clearinghouse

Introduction - 1. Drug and Alcohol Training

Length: 4:30

This video discusses the history of FMCSA mandated Drug and Alcohol Training and goes over some of the basic guidelines.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 1 Introduction



Introduction - 2. How to Use These Guidelines

Length: 2:41

This video discusses the formatting of these guidelines, their intended use, and specific keyword meanings.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 1 Introduction

Introduction - 3. Other Resources

Length: 8:05

This video discusses other resources and where to find them, as well as defining several terms commonly used in the training.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 1 Introduction

Regulatory Overview - 1. Regulations Requirements

Length: 8:13

This video discusses the regulatory training and testing requirements, including who must participate, employees who are affected, multi-modal coverage, policy statements, and education and training.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 2 Regulatory Overview

Regulatory Overview - 2. Testing

Length: 7:56

This video discusses the requirements for established testing, discusses stand-down programs, and defines safety sensitive. It also discusses the requirements for a referral for evaluation, your administrative requirements, and state and local issues.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 2 Regulatory Overview

Regulatory Overview - 3. Failure To Comply

Length: 1:53

This video discusses the penalties and consequences of a failure to comply with the drug and alcohol training regulations.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 2 Regulatory Overview

DRUG & ALCOHOL POLICY DEVELOPMENT

Policy Dev/Com - 1. Policy Development

Length: 4:10

This video discusses the development of a written policy and its requirements.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 3 Policy Development/Communication



Policy Dev/Com - 2. Prohibited Behavior

Length: 2:53

This video discusses the prohibited behavior that must be outlined in your written policy as well as the circumstances for testing.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 3 Policy Development/Communication

Policy Dev/Com - 3. Testing Procedures

Length: 3:41

This video discusses the requirement of including testing procedures in your written policy, as well as the consequences of refusing to submit to a test. The policy must also identify a contact individual that will answer questions, as well as information regarding the effects of alcohol misuse and controlled substance use.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 3 Policy Development/Communication

Policy Dev/Com - 4. Policy Communication

Length: 7:37

This video discusses the requirements for making employees aware of your written policy. It also discusses several suggestions for doing so.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 3 Policy Development/Communication

Administration - 1. Recordkeeping

Length: 2:15

This video discusses your requirements for record keeping of your drug and alcohol program.

Section: Drug & Alcohol,

Module: Drug and Alcohol Training, Sec. 9 Administration

Administration - 2. Documentation

Length: 2:06

This video discusses documentation you must keep pertaining to driver program participation, release forms, reasonable suspicion, and random testing selection processes.

Section: Drug & Alcohol,

Module: Drug and Alcohol Training, Sec. 9 Administration

Administration - 3. Confidentiality

Length: 5:04

This video discusses the regulations for confidentiality related to testing programs and relevant information.

Section: Drug & Alcohol,

Module: Drug and Alcohol Training, Sec. 9 Administration

Administration - 4. Testing Laboratory Procedures

Length: 2:56

This video discusses the documentation your testing laboratory must keep and provide for their procedures.

Section: Drug & Alcohol,

Module: Drug and Alcohol Training, Sec. 9 Administration

Administration - 5. Calendar

Length: 2:13

This video discusses the annual summary you must prepare and maintain the scenarios in which this may be required of you.

Section: Drug & Alcohol,

Module: Drug and Alcohol Training, Sec. 9 Administration

EDUCATION & EMPLOYEE ASSISTANCE PROGRAMS

Education/Training - 1. Education and Training



Length: 6:45

This video discusses the education and training of drivers and supervisors and objective of the program as a deterrence rather than strictly for detection.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 4 Education and Training

Education/Training - 2. Alcohol

Length: 11:58

This video discusses alcohol with a focus on its misuse and harmful effects.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 4 Education and Training

Education/Training - 3. Cocaine

Length: 6:30

This video discusses cocaine and crack usage and their harmful effects.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 4 Education and Training

Education/Training - 4. Amphetamines

Length: 6:03

This video discusses amphetamine usage and its harmful effects.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 4 Education and Training

Education/Training - 5. Marijuana

Length: 8:06

This video discusses marijuana usage and its harmful effects.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 4 Education and Training

Education/Training - 6. Opiates

Length: 5:15

This video discusses opiates usage and its harmful effects.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 4 Education and Training

Education/Training - 7. PCP

Length: 5:52

This video discusses PCP usage and its harmful effects.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 4 Education and Training

Education/Training: Semi-synthetic Opioids

Length: 05:45

This video discusses semi-synthetic opioid drug testing: why it's happening, how it's performed, and what you should be prepared for.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 4 Education and Training

Employee Assistance Programs - 1. Overview

Length: 3:44

This video describes a dry run period to test and start your actual testing program.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 8 Employee Assistance Programs

Employee Assistance Programs - 2. EAP

Length: 4:48

This video discusses employee assistance programs, rehabilitation, and treatment. It details an SAP's role in relation to EAPs.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 8 Employee Assistance Programs

Employee Assistance Programs - 3. Rehab/Treatment

Length: 4:44

This video discusses the different types of rehabilitation and treatment available in EAPs.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 8 Employee Assistance Programs

TYPES OF DRUG & ALCOHOL TESTING

Types of Testing - 1. Pre- Employment



Length: 4:49

This video discusses the requirements for pre-employment testing, including several examples of required testing, as well as information on exceptions.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 5 Types of Testing

Types of Testing - 2. Exception Recordkeeping

Length: 11:58

This video discusses the record keeping requirements you must follow if you are using exceptions.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 5 Types of Testing

Types of Testing - 3. Reasonable Suspicion

Length: 5:56

This video discusses the requirements involved with reasonable suspicion testing, specifically what a supervisor must witness and what actions they must take.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 5 Types of Testing

Types of Testing - 4. Post-Accident Testing

Length: 7:59

This video discusses the requirements for post-accident testing, with examples of post-accident testing scenarios and a short overview of steps to be taken in a post-accident scenario.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 5 Types of Testing

Types of Testing - 5. Random Testing

Length: 16:55

This video discusses the requirements for random drug testing, including selection techniques, rates, pools, notification, and time frames.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 5 Types of Testing

Types of Testing - 6. Return-To-Duty Testing

Length: 1:48

This video discusses the requirements for return-to-duty testing, specifically the situations requiring the test and the purpose of it.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 5 Types of Testing

Types of Testing - 7. Follow-Up Testing

Length: 1:16

This video discusses the requirements for follow-up testing, specifically the time frame and frequency.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 5 Types of Testing

Types of Testing - 8. Proficiency Testing

Length: 2:36

This video discusses the requirements for proficiency testing, specifically the amount of blind specimens to be sent, and the purpose for this testing.

Section: Drug & Alcohol

Module: Drug and Alcohol Training, Sec. 5 Types of Testing

CONTROLLED SUBSTANCE TESTING TRAINING

C.S. Test Procedures - 1. Introduction



Length: 3:00

This video provides an overview for controlled substances testing procedures, specifically the types required, and rules for additional testing under your own authority.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 6 Controlled Substances Testing Procedures

C.S. Test Procedures - 2. Driver Checklist

Length: 5:07

This video discusses a driver specimen collection checklist of items, information, rights, and instructions a driver will need to have or follow at a specimen collection site.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 6 Controlled Substances Testing Procedures

C.S. Test Procedures - 3. Collection Site Personnel

Length: 3:03

This video discusses the rules and regulations required for the training and conduct of collection site personnel.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 6 Controlled Substances Testing Procedures

C.S. Test Procedures - 4. Specimen Collection

Length: 2:50

This video discusses the requirements for collection sites established in procedures for transportation workplace drug and alcohol testing programs.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 6 Controlled Substances Testing Procedures

C.S. Test Procedures - 5. Collection Supplies

Length: 3:03

This video details the collection supplies required for a specimen collection.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 6 Controlled Substances Testing Procedures

C.S. Test Procedures - 6. Collection Process

Length: 11:55

This video discusses and overview of key steps and criteria for the collection process.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 6 Controlled Substances Testing Procedures

C.S. Test Procedures - 7. Lab Test Requirements

Length: 3:45

This video discusses the requirements for laboratory testing, including certified laboratory information as well as testing techniques required.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 6 Controlled Substances Testing Procedures

C.S. Test Procedures - 8. Medical Review Officer

Length: 5:45

This video details to the requirements and functions of a Medical Review Officer.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 6 Controlled Substances Testing Procedures

C.S. Test Procedures - 9. Positive Test Results

Length: 1:40

The video discusses explanations for a legitimate confirmed positive test result, and what happens in these scenarios.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 6 Controlled Substances Testing Procedures

C.S. Test Procedures- 10. Reporting Positive Test

Length: 3:02

This video discusses the requirements an MRO must follow for reporting a verified positive test.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 6 Controlled Substances Testing Procedures

C.S. Test Procedures- 11. MRO Discussions

Length: 2:41

This video discusses the information that must be discussed during an MRO discussion with a driver.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 6 Controlled Substances Testing Procedures

C.S. Test Procedures- 12. Collection Site Check

Length: 24:33

This video discusses the 23-step checklist a collection site must follow to be valid.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 6 Controlled Substances Testing Procedures

ALCOHOL TESTING TRAINING

A. Test Procedures - 01. Introduction

Length: 2:32

This video is a basic overview of the procedures required for alcohol testing.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 7 Alcohol Testing Procedures



A. Test Procedures - 02. EBT Device

Length: 3:18

This video discusses evidential breath testing devices, describing their use, basic requirements, and maintenance scenarios.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 7 Alcohol Testing Procedures

A. Test Procedures - 03. Breath Alcohol Technician

Length: 1:50

This video details the requirements for being a breath alcohol technician, as well as documentation and who may serve as a BAT.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 7 Alcohol Testing Procedures

A. Test Procedures - 04. Alcohol Testing Site

Length: 3:55

This video discusses the requirements for an authorized alcohol testing site with emphasis that the alcohol testing site should be the same as the location used for urine collection for controlled substances tests if possible.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 7 Alcohol Testing Procedures

A. Test Procedures - 05. Alcohol Testing Process

Length: 1:54

This video details the alcohol testing process with emphasis on the appropriate documentation.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 7 Alcohol Testing Procedures

A. Test Procedures - 06. EBT Screening Test

Length: 1:00

This video describes the EBT screening test process and its outcome.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 7 Alcohol Testing Procedures

A. Test Procedures - 07. ASD Screening Test

Length: 3:33

This video describes the ASD screening test process and its potential outcomes.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 7 Alcohol Testing Procedures

A. Test Procedures - 08. Confirmation Test

Length: 3:39

This video describes when a confirmation test must be performed and details the process it must follow.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 7 Alcohol Testing Procedures

A. Test Procedures - 09. Reporting

Length: 1:49

This video details the reporting a BAT must perform after testing.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 7 Alcohol Testing Procedures

A. Test Procedures - 10. Test Accuracy

Length: 1:39

This video details the scenarios which invalidate an alcohol test.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 7 Alcohol Testing Procedures

A. Test Procedures - 11. SAP

Length: 3:48

This video discusses the duties of a substance abuse professional and when an individual must be accessed by an SAP.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 7 Alcohol Testing Procedures

A. Test Procedures - 12. Alcohol Related Conduct

Length: 2:53

This video details the alcohol-related conduct prohibited by the FMCSA.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 7 Alcohol Testing Procedures

A. Test Procedures - 13. Dry Run of the Program

Length: 1:29

This video describes a dry run period to test and start your actual testing program.

Section: Drug & Alcohol

Module: Drug and Alcohol Training,

Sec. 7 Alcohol Testing Procedures

PRE-EMPLOYMENT TESTING

The Pre-Employment Screening Program

Length: 46:51

Laura Fredrickson, Director of Marketing at NIC Technologies, discusses the FMCSA pre-employment screening program.

Section: Best Practices Webinars

Module: 2012 Webinars

REASONABLE SUSPICION TRAINING

1. Reasonable Suspicion Introduction

Length: 10:23

This video is designed to help increase your awareness of drugs and alcohol abuse in the workplace, including statistics about drug and alcohol abuse.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

2. Reasonable Suspicion Basics

Length: 05:50

This video defines reasonable suspicion, describes the standards for making a determination, and provides guidance regarding employee interviews.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

3. Alcohol is a Drug Too

Length: 06:47

This video discusses the impact alcohol can have on your brain and the damage it can do.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

4. What Exactly Am I Supposed to Do?

Length: 08:32

This video discusses what a supervisor is supposed to do when a reasonable suspicion scenario arises.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

5. How Do I Tell Them?

Length: 04:59

This video discusses how to handle referring an employee for a reasonable suspicion test. It discusses helpful tips to keep the situation calm and firmly in your control.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

6. What Decision Would You Make – Part 1

Length: 06:35

This video discusses a supervisor with an opportunity to refer an employee for a reasonable suspicion test.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

7. What Decision Would You Make – Part 2

Length: 07:42

This video discusses a supervisor with an opportunity to refer an employee for a reasonable suspicion test.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

8. What Decision Would You Make – Part 3

Length: 03:26

This video discusses a supervisor with an opportunity to refer an employee for a reasonable suspicion test.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

9. What Decision Would You Make – Part 4

Length: 03:58

This video discusses a supervisor with an opportunity to refer an employee for a reasonable suspicion test.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

10. Minimum Annual Testing Rate

Length: 01:47

This video discusses the annual testing rate for CDL drivers.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

11. Reasonable Suspicion Drugs Introduction

Length: 12:17

This video discusses prohibited drug use in the workplace and details five common drug types to watch out for.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

12. Supervisor Liability

Length: 05:37

This video discusses supervisor liability for not taking correct action in a reasonable suspicion situation.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

13. Collection Site Security - Part 1

Length: 06:45

This video discusses the ten steps to collection site security, integrity, and site requirements for testing.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

14. Collection Site Security - Part 2

Length: 07:09

This video details how to secure a facility for testing.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

15. Collection Site Security - Part 3

Length: 05:25

This video discusses the collector's responsibilities by going through an example test step by step.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

16. Collection Site Security - Part 4

Length: 04:52

This video reviews the ten steps involved in collection site security and contains a closing statement from Jim Swart, the ODAPC Director.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

17. Reasonable Suspicion Drugs Review

Length: 11:13

This video discusses the five reasons for testing and reviews the causes and situations around reasonable suspicion testing.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

*Available in Spanish

18. Reasonable Suspicion Certificate

Type: PDF Document

19. Reasonable Suspicion - Supervisor Training - Part 1

Length - 3:30

In this video, Michael Rannigana discusses supervisor training requirements and general best practices involving Reasonable Suspicion Testing. This segment focuses on company policy, including key issues to address in the creation of company policy, and implementation thereof.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

20. Reasonable Suspicion - Supervisor Training - Part 2

Length: 7:09

In this video, Michael Rannigana discusses supervisor training requirements and general best practices involving Reasonable Suspicion Testing. This segment focuses on A Drug-Free Workplace Policy including Who, What, Where, When, and How.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

21. Reasonable Suspicion - Supervisor Training - Part 3

Length: 9:36

In this video, Michael Rannigana discusses supervisor training requirements and general best practices involving Reasonable Suspicion Testing. This segment focuses on the Harmful Effects of Drugs, including key issues like national surveys & statistics, the rise of prescription medication addiction, drug addiction as a brain disease, and the cost of drug and alcohol abuse.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

22. Reasonable Suspicion - Supervisor Training - Part 4

Length - 16:42

In this video, Michael Rannigana discusses supervisor training requirements and general best practices involving Reasonable Suspicion Testing. This segment focuses on Abuse of Prescription Meds, including pain relievers, tranquilizers, stimulants, and sedatives. Also mentioned are club drugs, inhalants, and synthetic marijuana.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

23. Reasonable Suspicion - Supervisor Training - Part 5

Length: 13:36

In this video, Michael Rannigana discusses supervisor training requirements and general best practices involving Reasonable Suspicion Testing. This segment focuses on Alcohol including knowing when to test; pre-employment testing, random, post-accident, and return to duty/ follow up.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

24. Reasonable Suspicion - Supervisor Training - Part 6

Length: 15:11

In this video, Michael Rannigana discusses supervisor training requirements and general best practices involving Reasonable Suspicion Testing. This segment focuses on Reasonable Suspicion, including issues like immediate action required for safety risks and immediate action not required performance, attendance, and tardiness issues.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

25. Reasonable Suspicion - Supervisor Training - Part 7

Length: 6:30

In this video, Michael Rannigana discusses supervisor training requirements and general best practices involving Reasonable Suspicion Testing. This segment focuses on tips including, know and follow your policy, know when to test, keep everything confidential, emphasize your concern, and document everything.

Section: Reasonable Suspicion Testing

Module: Reasonable Suspicion Testing

ENTRY LEVEL DRIVER TRAINING REQUIREMENTS

ENTRY LEVEL DRIVER TRAINING REQUIREMENTS

General Qualifications

Type: PDF Document

This document covers qualifications to drive a CMV.

Section: Entry Level Driver Training Requirements

Module: General Qualifications

Responsibilities of Drivers

Type: PDF Document

This document covers driver responsibilities in regards to cargo.

Section: Entry Level Driver Training Requirements

Module: Responsibilities of Drivers

Disqualification of Drivers

Type: PDF Document

This document covers ways a CDL is suspended and penalties drivers may receive.

Section: Entry Level Driver Training Requirements

Module: Disqualification of Drivers

Physical Qualifications for Drivers

Type: PDF Document

This document covers physical qualifications for drivers and what conditions require a medical certification.

Section: Entry Level Driver Training Requirements

Module: Physical Qualifications for Drivers

Schedule for Use of Medical Examiners

Type: PDF Document

This document covers how to find a qualified medical examiners to give a medical examination.

Section: Entry Level Driver Training Requirements

Module: Schedule for Use of Medical Examiners

Persons Who Must be Medically Examined & Certified

Type: PDF Document

This document covers the conditions that require a medical exam.

Section: Entry Level Driver Training Requirements

Module: Persons Who Must Be Medically Examined and Certified

Resolution of Conflicts of Medical Evaluation

Type: PDF Document

This document covers what standards must be met before applications claiming conflict of medical examination can be accepted.

Section: Entry Level Driver Training Requirements

Module: Resolution of Medical Evaluation Conflicts

Alternative Physical Qualification

Type: PDF Document

This document covers an alternate certificate a driver may apply for if they have missing or impaired limbs.

Section: Entry Level Driver Training Requirements

Module: Alternative Physical Qualification

Introduction to Hours of Service

Length: 02:43

An overview of Hours of Service regulations.

Section: Entry Level Driver Training Requirements

Module: HOS New Series

*Available in Spanish & French

The Hours of Service Limits

Length: 05:38

This video discusses the 14 hour window, 11 hour limit, and the 60/70 hour duty limit.

Section: Entry Level Driver Training Requirements

Module: HOS New Series

*Available in Spanish & French

The Thirty Minute Break & 34 Hour Restart

Length: 02:41

This video discusses the details of the 30 Minute Break and the 34 Hour Restart.

Section: Entry Level Driver Training Requirements

Module: HOS New Series

*Available in Spanish

On Time

Length: 06:32

This video discusses the definitions of On Duty Time, Travel Time, and Off Duty Time.

Section: Entry Level Driver Training Requirements

Module: HOS New Series

*Available in Spanish

The Sleeper Berth Provision

Length: 05:41

This video discusses the Sleeper Berth Provision.

Section: Entry Level Driver Training Requirements

Module: HOS New Series

*Available in Spanish

The Driver's Daily Log Book

Length: 08:51

This video discusses filling out the Driver's Daily Log Book.

Section: Entry Level Driver Training Requirements

Module: HOS New Series

*Available in Spanish

Interstate Truck Driver Guide to HOS

Type: PDF Document

This 28-page document from the FMCSA provides information on Hours of Service.

Section: Entry Level Driver Training Requirements

Module: HOS New Series

Rest Stop Routines

Length: 13:05

This video reviews causes and cures for driving induced muscle stiffness and easy on-the-road exercises that do not require special equipment.

Section: Entry Level Driver Training Requirements

Module: Driver Wellness

*Available in Spanish

Sleep Apnea and the Professional Driver

Length: 08:30

Produced by Novartis Pharmaceuticals in conjunction with Precision Pulmonary Diagnostics, this informative video discusses the signs, symptoms, and serious health consequences of sleep apnea.

Section: Entry Level Driver Training Requirements

Module: Driver Wellness

Trucking Professionals Nutrition and Health

Length: 14:12

Explains consequences of unhealthy eating and unhealthy lifestyles.

Section: Entry Level Driver Training Requirements

Module: Driver Wellness

Whistleblower Protection

Length: 07:15

This video discusses whistleblower rights, the whistleblower laws enforced by OSHA, unfavorable personnel actions, filing a complaint, how OSHA determines retaliation has taken place, limited protection for employees who refuse to work, and whistleblower protections.

Section: Entry Level Driver Training Requirements

Module: Whistleblower Protection

ONLINE CDL TRAINING

CDL Training – 40 Hr. Internet vs Traditional Classroom

Length: 41:28

Tim Scott, President/CEO of National Driver Referral, discusses the differences between online CDL training and traditional classroom training.

Section: Best Practices Webinars

Module: 2014 Webinars

FSMA: SANITARY TRANSPORTATION RULE

FSMA FDA APPROVED TRAINING

Cross-Contamination

Length: 9:20

This video defines cross-contamination, discusses some of the ways it can happen, and instructs on ways to prevent it.

Section: Trucking Industry

Module: Food Safety Modernization Act:

Sanitary Transportation Rule

Length: 11:37

This video discusses the Sanitary Transportation Rule, who it applies to, and many of its critical elements.

Section: Trucking Industry

Module: Food Safety Modernization Act

Temperature Control

Length: 9:51

This video discusses the types of food requiring temperature control and how to prevent temperature abuse.

Section: Trucking Industry

Module: Food Safety Modernization Act

Types of Contamination

Length: 8:38

This video discusses some types and sources of contamination.

Section: Trucking Industry

Module: Food Safety Modernization Act

FOOD SAFETY INVESTIGATIONS

Food Safety Investigation

Length: 07:02

This video discusses conditions that could pose a threat to food safety and actions to take if threats are encountered.

Section: Trucking Industry

Module: Food Safety Investigation

FSMA RULE OVERVIEW

FSMA Imports

Length: 04:39

This video discusses the effect of the Food Safety Modernization Act on food imports and why the changes are necessary.

Section: Trucking Industry

Module: FSMA Imports

FSMA Inspections & Compliance

Length: 03:52

This video discusses the inspection and compliance criteria established by the FSMA.

Section: Trucking Industry

Module: FSMA Inspections & Compliance

FSMA Intro & Overview Part 1

Length: 09:40

This video discusses the Food Safety Modernization Act (FSMA), providing an overview of prevention standards. It discusses standards for inspections, compliance, and response.

Section: Trucking Industry

Module: FSMA Intro & Overview

FSMA Intro & Overview Part 2

Length: 06:34

This video details the overview of import safety, the vital nature of partnership, the approach to implementation, and several of the challenges involved in the FSMA.

Section: Trucking Industry

Module: FSMA Intro & Overview

FSMA Preventative Controls

Length: 04:21

This video discusses the preventative controls being created by the FSMA and how they can benefit consumers and the industry.

Section: Trucking Industry

Module: FSMA Preventative Controls

What Carriers Need to Know About the FSMA Sanitary Transportation Rule

Length: 1:04:08

Recorded prior to the FSMA Rule taking effect, this webinar discusses the Sanitary Transportation of Human and Animal Food final rule. This rule is part of the Food Safety Modernization Act (FSMA) and places mandates on the transportation industry to satisfy comprehensive standards relating to the safe transportation of food products including: training, recordkeeping, temperature controls and implementing best practices for transporting food in sanitary conditions.

Section: Best Practices Webinars

Module: 2017 Webinars

SPOTTED LANTERNFLY

Spotted Lanternfly

Length: 6:24

This video discusses the threat spotted lanternfly impose on crops and industries working within the quarantine zones, as well as the proper procedure for obtaining permits to work within the quarantined zones.

Section: Trucking Industry

Module: Spotted Lanternfly

*Available in Spanish

FUEL EFFICIENCY

FUEL EFFICIENCY

Fuel Efficiency: Tire Pressure

Length: 03:54

Tires play a role in helping trucking companies save money through fuel efficiency. This video discusses the roles friction, rolling resistance, tire pressure, and tire type play in fuel usage. It also discusses how driving just 10 miles per hour faster can decrease fuel efficiency.

Section: Trucking Industry

Module: Fuel Efficiency

Fuel Efficiency: Idling and Route Management

Length: 02:56

Proper route management, including decreasing the amount of time a truck spends idling, plays a role in helping trucking companies save money through fuel efficiency. This video discusses tips to reduce idling and eliminate out-of-route miles.

Section: Trucking Industry

Module: Fuel Efficiency

Fuel Efficiency: Skills and Behavior

Length: 04:07

Fuel is one of the biggest costs trucking companies face, but there are easy things drivers can do to help trucking companies save money through fuel efficiency. This video discusses how things like using cruise control, coasting, and certain shifting techniques can save fuel. Additionally, it discusses how limiting things like idling and shifting also play a role in fuel efficiency.

Section: Trucking Industry

Module: Fuel Efficiency

Fuel Efficiency: Alternatives to Idling

Length: 02:40

Goes over ways drivers can conserve fuel without idling, including some of the newer truck stop services available.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Alternatives to Idling

Fuel Efficiency: Cargo Distribution I

Length: 02:08

Discusses the role cargo/load distribution has in ensuring that the weight of the cargo is evenly spread over the axles.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Cargo Distribution I

Fuel Efficiency: Cargo Distribution II

Length: 02:22

Explains the various impacts improper loading can have on tires and axles. Including overloading the tractor axles at the front of the trailer or overloading the rear axles of the trailer.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Cargo Distribution II

Fuel Efficiency: Coasting

Length: 02:19

Demonstrates coasting and braking techniques drivers can use to conserve fuel.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Coasting

Fuel Efficiency: Consistent Speed

Length: 02:09

Eye opening statistics in this video, stressing the important role speed and engine RPM play in fuel economy.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Consistent Speed

Fuel Efficiency: Cruise Control

Length: 02:05

Discusses how cruise control can save fuel by providing a consistent speed. Discusses finding the “sweet spot”.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Cruise Control

Fuel Efficiency: Focus

Length: 02:10

Reminds drivers of what they've learned throughout the training and encourages them to choose one topic each week and make it their focus.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Focus

Fuel Efficiency: From the Driver's Mouth I

Length: 02:01

Discusses top MPG driver's techniques for saving fuel. This segment discusses the importance of having a balance load. Too much weight on one axle causes tires to flatten sometimes increasing the drag.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – From the Driver's Mouth I

Fuel Efficiency: From the Driver's Mouth II

Length: 02:09

Top MPG driver's techniques for saving fuel. This segment discusses using cruise control.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – From the Driver's Mouth II

Fuel Efficiency: From the Driver's Mouth III

Length: 02:00

This segment discusses idle time, including finding a shady spot in the summer and parking between other trucks in the winter to save fuel by reducing idling.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – From the Driver's Mouth III

Fuel Efficiency: From the Driver's Mouth IV

Length: 02:16

This video gives tips on using GPS with a map to find optimal routes and looks at terrain, traffic, weather and construction.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – From the Driver's Mouth III

Fuel Efficiency: Fuel Optimization

Length: 02:14

Covers planning fuel stops and ideas for squeezing extra miles out of every gallon of fuel.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Fuel Optimization

Fuel Efficiency: Maintaining Your Rig

Length: 02:04

Reminds drivers that their MPG depends upon keeping their rig serviced properly.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Maintaining Your Rig

Fuel Efficiency: Out of Route Miles

Length: 02:26

Tips and techniques for utilizing GPS, maps and other methods to minimize driving out of the way on route.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Out of Route Miles

Fuel Efficiency: Pre- and Post-Trip Inspection

Length: 02:12

A thorough pre-/post-trip inspection can translate into real dollars in terms of fuel savings.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Pre & Post Trip Inspection

Fuel Efficiency: Progressive Shifting

Length: 02:16

The practice of shifting, what it is, and how to master it to increase MPG.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Progressive Shifting

Introduction to Fuel Efficiency

Length: 02:33

This is an introductory video about the Infit-i "Fuel Efficiency for the Professional Driver" program.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Quick Start Modules

Fuel Efficiency: Speed

Length: 02:36

This video discusses how excessive speed uses more fuel, including examples of fuel consumption at various speeds over the same distance.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Quick Start Modules

Fuel Efficiency: Idling

Length: 02:17

This video discusses the high cost of idling, the impact of idling on the environment, idling laws, and more.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Quick Start Modules

Fuel Efficiency: Trip Planning

Length: 02:04

This video discusses how pre-planned routes, getting weather information, and knowing speed limits impact fuel efficiency.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Quick Start Modules

Fuel Efficiency: Recap

Length: 02:43

A quick summary of the highlights from the series.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Recap

Fuel Efficiency: ROI

Length: 02:14

Statistics to remind drivers saving company money on fuel could see dollars used for pay increases, improved maintenance, equipment, etc.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – ROI

Fuel Efficiency: Route Management

Length: 02:33

This segment deals with "out of route" miles and provides statistics on the cost per truck each year caused by "out of route" miles.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Route Management

Fuel Efficiency: Tachometer

Length: 02:11

Discusses how drivers can use the tachometer to maintain the highest possible MPGs, and drag.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Tachometer

Fuel Efficiency: Tires, Wheels, and Drag

Length: 02:39

Discusses the importance of proper tire and wheel maintenance in fuel economy, ensuring that the rig is aerodynamically sound.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Tires, Wheels, and Drag

Fuel Efficiency: Turn Right

Length: 02:19

Discusses how some companies are taking extreme measure to shorten routes and seeing impressive increases in MPG.

Section: Fuel Efficiency Program

Module: Fuel Efficiency – Turn Right

HAZMAT TRAINING

HAZARDOUS MATERIALS TRAINING

Hazmat Blocking and Bracing

Length: 04:20

This video discusses the ins and outs of blocking and bracing a load. It details the costs of not blocking correctly and discusses responsibility as well as several types of restraints that can be used.

Section: Hazardous Materials Training

Module: Hazmat Blocking and Bracing

*Available in Spanish



Hazmat Emergency Response Guide - Part 1

Length: 07:18

This video discusses the basics of how to use the Emergency Response Guide and some of the differences between the 2012 and 2016 versions.

Section: Hazardous Materials Training

Module: Hazmat Emergency Response Guide

*Available in Spanish

Hazmat Emergency Response Guide - Part 2

Length: 10:16

This video discusses in further depth how to use the different sections in the Emergency Response Guide. It details using the different sections for different situations.

Section: Hazardous Materials Training

Module: Hazmat Emergency Response Guide

Hazmat Emergency Response Guide - Part 3

Length: 15:04

This video discusses several examples of how to use the emergency response guide correctly.

Section: Hazardous Materials Training

Module: Hazmat Emergency Response Guide

*Available in Spanish

Hazmat General Awareness - Part 1

Length: 08:06

This video discusses the overview, purpose, and regulation of Hazmat general awareness. It details pre-transportation functions, transportation functions, training requirements, and record keeping.

Section: Hazardous Materials Training

Module: Hazmat General Awareness

Hazmat General Awareness - Part 2

Length: 10:43

This video discusses hazard classifications and the SDS. It details composition, firefighting measures, chemical properties, and toxicological information in relation to the SDS.

Section: Hazardous Materials Training

Module: Hazmat General Awareness

Hazmat General Awareness - Part 3

Length: 08:31

This video discusses the Hazardous Materials Table in depth. It also details how to recognize hazardous materials and the penalties for hazardous materials violations.

Section: Hazardous Materials Training

Module: Hazmat General Awareness

Hazmat Packaging

Length: 10:30

This video discusses the DOT requirements for packaging hazardous materials.

Section: Hazardous Materials Training

Module: Hazmat Packaging

*Available in Spanish

Hazmat Labeling

Length: 07:30

This video discusses the labeling requirements for the transportation of hazardous materials. Multiple examples are discussed in this video.

Section: Hazardous Materials Training

Module: Hazmat Labeling

*Available in Spanish

Hazmat Marking

Length: 09:51

This video discusses the various package markings required for hazardous materials transport. Several examples are used to detail different situations.

Section: Hazardous Materials Training

Module: Hazmat Marking

*Available in Spanish

Hazmat Placarding

Length: 06:49

This video discusses the proper placarding for hazardous material transport. Several examples are discussed and placarding Table 1 and Table 2 are highlighted.

Section: Hazardous Materials Training

Module: Hazmat Packaging

*Available in Spanish

Hazmat Shipping Papers - Part 1

Length: 05:36

This video discusses how to properly fill out shipping papers when transporting hazardous materials. It also highlights listing Hazardous Substances on shipping papers.

Section: Hazardous Materials Training

Module: Hazmat Shipping Papers

*Available in Spanish

Hazmat Shipping Papers - Part 2

Length: 07:36

This video continues to discuss how to properly fill out shipping papers when transporting hazardous materials. It highlights marine pollutants, emergency numbers and response information, and certification.

Section: Hazardous Materials Training

Module: Hazmat Shipping Papers

*Available in Spanish

HAZMAT MOTOR CARRIER SECURITY ACTION ITEM TRAINING

Introduction

Length: 02:00

Introduction into why this training is important for all trucks traveling on highways, including awareness of potential threats and how working together can help prevent security threats.

Section: Trucking Industry

Module: Hazmat Motor Carrier Security Action Item Training

The Plan

Length: 05:40

Discusses the security plan your company prepares for specific security measures you are required to follow to keep your load or truck from being tampered with.

Section: Trucking Industry

Module: Hazmat Motor Carrier Security Action Item Training

The Team

Length: 03:14

Discusses the 4 categories in a security plan and how departments work together to prevent security breaches.

Section: Trucking Industry

Module: Hazmat Motor Carrier Security Action Item Training

En-Route Security

Length: 03:12

This video goes over important elements of the security plan and explains what checking for ticks means.

Section: Trucking Industry

Module: Hazmat Motor Carrier Security Action Item Training

Communications

Length: 02:56

Discusses importance of all departments communicating together to properly implement a security plan.

Section: Trucking Industry

Module: Hazmat Motor Carrier Security Action Item Training

Pre-Planning

Length: 03:21

This video goes over planning your route, stops, and hours, being prepared for delays, and your security plan.

Section: Trucking Industry

Module: Hazmat Motor Carrier Security Action Item Training

Up to You

Length: 02:12

This video goes over how the plan is only as good as the driver that put it into practice, so in other words the security plan of your company is up to the driver.

Section: Trucking Industry

Module: Hazmat Motor Carrier Security Action Item Training

GHS TRAINING

Part 1: Introduction

Length: 02:39

Introduction to the new unified, worldwide system of hazard communication called the Global Harmonization System (GHS).

Section: Trucking Industry

Module: GHS

Part 2: Hazard Categories

Length: 05:19

Discusses the three categories of hazards: physical, health, and environmental, plus other hazards not classified under GHS.

Section: Trucking Industry

Module: GHS

Part 3: Labels

Length: 05:09

Discusses new labeling changes with GHS. Shows sample of label and discusses the components of the label. Product Identifier, Supplier Identification, Precautionary Statements, Hazard Pictograms, Hazard Statements, Signal Words and Supplemental Information.

Section: Trucking Industry

Module: GHS

Part 4: Pictograms

Length: 04:12

Discusses each of the 9 pictograms utilized by the GHS system.

Section: Trucking Industry

Module: GHS

Part 5: SDS

Length: 03:06

Discusses the Safety Data Sheet (SDS) replacing the Material Safety Data Sheet (MSDS), including the 16 standard headings.

Section: Trucking Industry

Module: GHS

DOT MEDICAL EXAMS

DOT Medical Forms Update - Part 1

Length: 09:40

Lawrence Earl, M.D., discusses the Medical Examination Report Form and the changes from the previous version.

Section: *Trucking Industry*

Module: *DOT Medical Forms Update - April 2016*

DOT Medical Forms Update - Part 2

Length: 11:49

Lawrence Earl, M.D., continues discussing the Medical Examination Report Form and changes from prior forms.

Section: *Trucking Industry*

Module: *DOT Medical Forms Update - April 2016*

DOT CMV Medical Examination Requirements Checklist

Length: 04:08

This video discusses specific requirements of a DOT CMV medical exam.

Section: *Trucking Industry*

Module: *Federal DOT CMV Medical Examination*

Requirements Checklist

Understanding Fit for Duty Requirements for Truck Drivers in DOT Exams

Length: 1:01:51

Jeffery Shirley discusses Certified Medical Exams. He details what the National Registry of Certified Medical Examiners is and what the changes mean to drivers and companies.

Section: *Best Practices Webinars*

Module: *2015 Webinars*

FATIGUE MANAGEMENT

Asleep at the Wheel

Length: 57:29

In this webinar, Delia E. Treaster, Ph.D., CPE, a Certified Professional Ergonomist with the Division of Safety and Hygiene at the Ohio Bureau of Worker Compensation, talks about shift work, circadian rhythms, sleep deprivation and their effects on the industry and safety.

Section: *Best Practices Webinars*

Module: *2017 Webinars*

Fatigue and Sleep in Today's Transportation

Length: 50:39

According to a FMCSA commissioned study, 28% of commercially-licensed drivers suffer from sleep apnea. Transportation Risk Managers, Safety Managers and HR Managers all grapple with the issues of understanding driver fatigue and how to best develop solutions that improve driver health and keep drivers on the road.

Section: *Best Practices Webinars*

Module: *2016 Webinars*

Fatigue Management – Part 1: What You Need to Know

UPDATED
2020

Length: 04:39

Getting proper rest is crucial to safety on the road. Part one of this training module covers the importance of sleep, details about having a sleep schedule, how health issues can affect fatigue levels, and the reality of what "short-term fixes" can really do for you.

Section: *Trucking Industry*

Module: *Fatigue Management*

Fatigue Management – Part 2: Preventing Fatigued Driving

UPDATED
2020

Length: 04:43

Learn the specific symptoms of fatigue and sleep disorders and the best methods of staving off fatigue while working on the road.

Section: *Trucking Industry*

Module: *Fatigue Management*

Sleep Apnea

Length: 08:30

Produced by Novartis Pharmaceuticals in conjunction with Precision Pulmonary Diagnostics, this video discusses the signs, symptoms and consequences of sleep apnea.

Section: *Trucking Industry*

Module: *Sleep Apnea*

Sleep Apnea and the Professional Driver

Length: 08:30

Produced by Novartis Pharmaceuticals in conjunction with Precision Pulmonary Diagnostics, this informative video discusses the signs, symptoms, and serious health consequences of sleep apnea.

Section: *Entry Level Driver Training Requirements*

Module: *Driver Wellness*

HEALTHY TRUCKERS

H1N1 Virus Prevention

Length: 03:33

Learn effective preventative and disinfectant measures to take in dealing with the dangerous H1N1, or Swine Flu Virus.

Section: *Trucking Industry*

Module: *H1N1 Virus Prevention – Truck*

Trucking Professionals Nutrition and Health

Length: 14:12

Explains the consequences of living an unhealthy lifestyle.

Section: *Trucking Industry*

Module: *Trucking Professionals Nutrition and Health*

Rest Stop Routines

Length: 13:05

This video reviews causes and cures for driving induced muscle stiffness and easy-to-do on the road exercises that do not require any type of special equipment.

Section: *Trucking Industry*

Module: *Rest Stop Routines*

*Available in Spanish

FIRST AID TRAINING

Bleeding

Length: 03:12

This video begins with the basic first aid kit and what the contents should include. Minor mishaps like cuts and scrapes are common causes of bleeding; how to treat all types of bleeding, including severe bleeding situations that require the use of a tourniquet and how to apply dressings and monitor severe bleeding.

Section: Warehouse, Distribution, & Maintenance

Module: Emergency First Aid

CPR

Length: 06:31

Timely application of cardiopulmonary resuscitation (CPR) has been credited with saving lives. This video reviews standard CPR techniques that every employee should be aware of for saving lives at work and at home.

Section: Warehouse, Distribution, & Maintenance

Module: Emergency First Aid

Heart Attack

Length: 02:00

This video covers heart attack symptoms, how to react, and how to potentially save a heart attack victim.

Section: Warehouse, Distribution, & Maintenance

Module: Emergency First Aid

Near Drowning

Length: 02:55

This video discusses the dynamics of near drowning and how to rescue a person from water and administer emergency actions.

Section: Warehouse, Distribution, & Maintenance

Module: Emergency First Aid

Poison & Overdose

Length: 01:52

This video discusses poison and overdose symptoms, countermeasures that should be followed for specific episodes, and care and treatment for suspected victims.

Section: Warehouse, Distribution, & Maintenance

Module: Emergency First Aid

Shock

Length: 03:00

This is an overview of emergency first aid, Good Samaritan laws, and the causes, symptoms and treatment for shock victims.

Section: Warehouse, Distribution, & Maintenance

Module: Emergency First Aid

INSPECTIONS

ROADSIDE INSPECTIONS

Roadside Inspection – Initial Stop and Contact

Length: 06:18

This video discusses proper conduct for a roadside inspection while touching on the types of materials a driver will need ready, including ELD information.

Section: Trucking Industry

Module: Roadside Inspection – Initial Stop and Contact

PRE-TRIP INSPECTIONS

Tanker: Pre-trip Inspection – Part 1

Length: 09:38

This video details pre-trip inspection rules and regulations by walking through the under the hood and in the cab portions of a pre-trip inspection.

Section: Trucking Industry

Module: Tanker: Pre-Trip Inspection

Tanker: Pre-trip Inspection – Part 2

Length: 12:15

This video details the items to inspect during the walk around portion of a pre-trip inspection.

Section: Trucking Industry

Module: Tanker: Pre-Trip Inspection

Cabin Interior - Pre-Trip Checklist

Length: 06:27

This video demonstrates how to properly inspect the cabin interior of the vehicle before transit.

Section: Trucking Industry

Module: Cabin Interior Pre-Trip Checklist

Pre-Trip Approach and Maintenance

Length: 06:26

Inspection and maintenance play an important role in the mechanics, compliance, and safety of a commercial motor vehicle. This video discusses the importance of both pre-trip inspections and regularly maintaining the commercial motor vehicle. It also describes common types of neglect.

Section: Trucking Industry

Module: Pre-Trip Approach and Maintenance

**Available in Spanish*

Pre-Trip Component Inspection

Length: 06:04

Conducting a pre-trip inspection is an integral part of every trip for a truck driver. This video discusses how to do a multi-point inspection of the tractor, hood-to-rear axle.

Section: Trucking Industry

Module: Pre-trip Component Inspection

**Available in Spanish*

Exterior Power Unit and Trailer Inspection

Length: 07:43

This video discusses the proper procedure for inspecting the exterior power unit and trailer, demonstrates proper tread length and condition of tires, and provides a checklist for inspection of the exterior power unit and trailer before transit.

Section: Trucking Industry

Module: Exterior Power Unit and Trailer Inspection

*Available in Spanish

LAWS & LITIGATION ISSUES

5 DEADLY SINS IN TRUCKING

Dean – Overview

Length: 08:26

This video reviews the “Five Deadly Sins” that can lead to lawsuits and punitive damages awards.

Section: Trucking Industry

Module: Dean - Overview

Dean – Driver Negligence

Length: 10:38

Most trucking accidents involve other vehicles. A transport company must be able to prove they have properly trained their drivers and be able to produce HOS, training, maintenance and discipline records.

Section: Trucking Industry

Module: Dean - Driver Negligence

Dean - Functionally Asleep

Length: 06:55

A driver is considered functionally asleep if their log books don't indicate the proper rest, if their cell phone records indicate activity or if their debit or credit records indicate they were not in the sleeper berth during the required rest period.

Section: Trucking Industry

Module: Dean - Functionally Asleep

Dean – Last Clear Chance

Length: 08:17

This video explains how courts are holding drivers accountable if the driver fails to see the dangerous activity of another driver, but should have been able to see and respond to it.

Section: Trucking Industry

Module: Dean - Last Clear Chance

Dean – Negligent Hiring

Length: 10:42

This video explains the dangers of not performing background checks and verifications.

Section: Trucking Industry

Module: Dean - Negligent Hiring

Dean – Negligent Retention

Length: 10:13

The video highlights the importance of following written company policies and procedures and the importance of creating and executing a preventative maintenance plan.

Section: Trucking Industry

Module: Dean - Negligent Retention

AT THE SCENE OF AN ACCIDENT

Be Concerned About Litigation

Length: 09:50

Attorney Mike Bassett discusses why all carriers, safety directors, and drivers should be concerned about the possibility of litigation after an accident. This video features advice to help you mitigate your risk before an accident ever happens.

Section: Trucking Industry

Module: Accidents Happen Webinar

Trucking Companies Are Targets

Length: 05:00

Attorney Mike Bassett warns some law firms target trucking companies for lawsuits. He also explains how these attorney's commercials can expose potential jurors to preconceived ideas about the industry.

Section: Trucking Industry

Module: Accidents Happen Webinar

Do What You Say You'll Do

Length: 11:20

Attorney Mike Bassett discusses how damaging it can be for a trucking company to not follow its own rules. He highlights how juries pay close attention to if companies actually do what they say in terms of driver qualification, acting on red flags, document retention, and consistent treatment of situations.

Section: Trucking Industry

Module: Accidents Happen Webinar

Responding to the Catastrophic Accident

Length: 05:50

Attorney Mike Bassett explains why companies should have standardized procedures in place for drivers to follow after a catastrophic accident, including who to notify and next steps.

Section: Trucking Industry

Module: Accidents Happen Webinar

What to Gather at the Scene

Length: 04:30

Attorney Mike Bassett discusses the nine critical things to gather at the time of an accident, including what happens if you are not proactive in collecting them.

Section: Trucking Industry

Module: Accidents Happen Webinar

The Care of Your Driver

Length: 08:00

Attorney Mike Bassett explains how to prepare your drivers to be positive members of your defense team. He highlights the impact of having a driver or driver statement go before a jury.

Section: Trucking Industry

Module: Accidents Happen Webinar

Questions

Length: 08:00

Attorney Mike Bassett answers questions from webinar attendees on topics including: verifying applicant's previous employment, hands-free devices while driving, the use of on-board cameras, and documentation at the accident scene.

Section: Trucking Industry

Module: Accidents Happen Webinar

Accidents Happen

Length: 1:04:24

Attorney Mike Bassett shares how before an accident happens, your company needs a plan in place to ensure everyone knows the appropriate responses to make on the scene and throughout the investigation. *(This webinar is also available to be viewed in shorter segments).*

Section: Best Practices Webinars

Module: 2016 Webinars

Accident Procedures

Length: 59:20

Knowing what to do if you or your drivers are involved in an accident will help make a stressful situation calmer. Knowing what is expected can also help make the situation more bearable and help you avoid unnecessary liability, time, and expenses.

Section: Best Practices Webinars

Module: 2015 Webinars

CARGO LAWS

Cargo Laws

Length: 1:07:44

This training discusses 9 changes to the Uniform Bill of Lading and why they are important for carriers to understand. Additionally, it discusses tariffs carriers should consider and 8 court cases that are shaping the way the Carmack Amendment can be utilized in litigation.

Section: Best Practices Webinars

Module: 2017 Webinars

ELD MANDATE & COERCION

Electronic Logging Device Mandate - 2016

Length: 08:49

This video discusses the ELD Mandate, important information for carriers and drivers regarding the rule, and the dates for the implementation timeline.

Section: Trucking Industry

Module: Electronic Logging Device Mandate - 2016

Expert Tips for ELD Implementation

Length: 01:03:11

By December 2017 truck drivers across the country must say goodbye to paper logbooks and start logging records of duty status electronically to show compliance with Hours of Service ("HOS"). This webinar looks at what the rule means for trucking companies and share how two top safety directors successfully rolled out ELDs at their company.

Section: Best Practices Webinars

Module: 2017 Webinars

ELD Compliance

Length: 1:04:14

Dave Osiecki, President of Scopelitis Transportation Consulting, LLC discusses what trucking companies need to do to be in compliance with the ELD regulations.

Section: Best Practices Webinars

Module: 2017 Webinars

FMCSA Coercion Drivers

Length: 05:56

The Coercion Rule explicitly prohibits motor carriers, shippers, receivers and transportation intermediaries from coercing drivers to operate in violation of certain FMCSA regulations. This video discusses the Coercion Rule and how it applies to drivers.

Section: Trucking Industry

Module: FMCSA Coercion

**Available in Spanish*

FMCSA Coercion Supervisors

Length: 06:14

The Coercion Rule explicitly prohibits motor carriers, shippers, receivers and transportation intermediaries from coercing drivers to operate in violation of certain FMCSA regulations. This video discusses the Coercion Rule and why it is important for personnel who interact with drivers to cautiously choose their language..

Section: Trucking Industry

Module: FMCSA Coercion

**Available in Spanish*

INTERMODAL EQUIPMENT PROVIDER RULES

IEP Rule 1

Length: 03:04

Defines Intermodal Equipment Provider Rule (IEP). Explains industry responsibilities under the new intermodal equipment provider rule. Facilitates compliance and improve vehicle safety through better understanding of these requirements. Explains how FMCSA will enforce the IEP rule.

Section: Trucking Industry

Module: Intermodal Equipment Provider Rules

IEP Rule 2

Length: 05:28

Defines interchange, intermodal equipment, and intermodal equipment interchange account. Goes over requirements for marking IMEs.

Section: Trucking Industry

Module: Intermodal Equipment Provider Rules

IEP Rule 3

Length: 03:18

All IEPs must establish an IRM program. Required inspection, repair, and maintenance program elements include: performing regular IME inspections, repairing the problems you find, maintaining IME between inspections, creating a recordkeeping system for the program.

Section: Trucking Industry

Module: Intermodal Equipment Provider Rules

IEP Rule 4

Length: 07:43

Goes over developing procedures and providing sufficient space for drivers to perform a pre-trip inspection of tendered IME. Developing and implementing procedures to repair any equipment damage, defects, or deficiencies or replacing the equipment prior to the driver's departure. Refrain from placing imminently hazardous IME in service.

Section: Trucking Industry

Module: Intermodal Equipment Provider Rules

MAP 21

How to Avoid Map 21 Fines

Length: 58:32

MAP 21 is a Law that changes the buying and selling of trucking services. David Dwinell, Professor of Brokering at Loadtraining.com, discusses MAP 21 Compliance and how to avoid fines for: Brokers, Trucking Companies, Logistic Companies, Freight Forwarders and others.

Section: Best Practices Webinars

Module: 2014 Webinars

New Law Prohibits Motor Carriers from Brokering Freight

Length: 53:40

This webinar reviews FMCSA's new law regarding freight brokering and prohibits motor carriers from brokering freight.

Section: Best Practices Webinars

Module: 2013 Webinars

PREPARING YOUR COMPANY FOR LITIGATION

13 Textbook Court Cases That Cost Transportation Companies Millions

Length: 1:04:57

When a trucking company is involved in an accident a lot of things come into question that can influence the amount of money they are ordered to pay under punitive damage judgments. There are best practices companies can implement, including training and proper documentation, to mitigate their risk as a company for improper actions of drivers.

Section: Best Practices Webinars

Module: 2016 Webinars

Getting Deposed? How to Nail It!

Length: 1:10:57

Giving a deposition is an intimidating, uncomfortable, and all too common experience for trucking company executives. As the company's representative, you need to know your company's policies, procedures, records, and history. How you conduct yourself during the deposition can some-times make or break your case.

Section: Best Practices Webinars

Module: 2016 Webinars

Reptile Theory

Length: 57:08

This webinar discusses how plaintiff lawyers are villainizing the trucking industry and how to deal with it.

Section: Best Practices Webinars

Module: 2015 Webinars

Target Defendants: Protecting Trucking Companies in Litigation

Length: 1:07:56

In this webinar, Scott D. Carey of the Baker, Donelson, Bearman, Caldwell & Berkowitz law firm discusses ways to protect trucking companies in litigation.

Section: Best Practices Webinars

Module: 2012 Webinars

Trucking Defense 2.0

Length: 51:17

Learn what to consider when drafting company safety policies, best practices in responding to accidents that happen, and how your safety program can help or hinder you during litigation.

Section: Best Practice Webinars

Module: 2017 Webinars

Will Your Safety Program Hold Up in Court?

Length: 1:03:08

This webinar drives home the importance of understanding the challenges of legal precedent and proper documentation of all driver training.

Section: Best Practices Webinars

Module: 2016 Webinars

MAINTENANCE

BRAKE SAFETY

How ABS Works – Part 1

Length: 05:36

This Antilock Braking Systems (ABS) video shares how ABS helps prevent slipping and sliding from brakes locking up.

Section: Trucking Industry

Module: Antilock Braking Systems

How You Should Brake with ABS – Part 2

Length: 07:06

This video teaches drivers to use an Antilock Braking System. features drivers talking about Antilock Braking Systems.

Section: Trucking Industry

Module: Antilock Braking Systems

Brake Safety

Length: 09:47

Each year, thousands of vehicles are placed out of service during the Commercial Vehicle Safety Alliance's (CVSA) Brake Safety Week. The video discusses how to do a pre-trip inspection to ensure brakes are in full working order.

Section: Trucking Industry

Module: Brake Safety

Heavy Trucking Braking System & Braking Techniques

Length: 09:41

This video reviews types of brake systems, including air brakes, and the dynamics involved with safe braking practices.

Section: Trucking Industry

Module: Heavy Trucking Braking System and Braking Techniques

AXLES & TIRES

Axle Alignment and Maintenance – Part 1

Length: 06:13

This video shows steps to ensure optimum tire wear, including proper alignment and maintenance.

Section: Trucking Industry

Module: Axle Alignment and Maintenance

Axle Alignment and Maintenance – Part 2

Length: 06:18

This video shows the steps necessary to ensure optimum tire wear, including proper alignment and maintenance.

Section: Trucking Industry

Module: Axle Alignment and Maintenance

Fundamentals of Tire Wear – Part 1

Length: 12:11

This video discusses the role load, inflation, and terrain changes play on tire wear.

Section: Trucking Industry

Module: Fundamentals of Tire Wear

Fundamentals of Tire Wear – Part 2

Length: 09:26

Properly inflated tires make a huge difference in fuel mileage, tire wear, and vehicle performance. Wheel misalignment affects tire wear and vehicle performance. Suspension issues also affect tire wear and performance of a commercial vehicle.

Section: Trucking Industry

Module: Fundamentals of Tire Wear

TRUCK SAFETY

Diesel Exhaust Fluid (DEF)

Length: 09:55

Trucks manufactured after 2009 are required to have a selective catalytic reduction (SCR) system that uses diesel exhaust fluid. Learn how the SCR system works and all aspects of DEF.

Section: Trucking Industry

Module: Diesel Exhaust Fluid (DEF)

Inspection Bulletin

Length: 02:47

This video is a basic inspection overview for inspecting the drive line, or drive shaft, on a bus, truck or tractor.

Section: Trucking Industry

Module: Inspection Drive Line

Inspection Procedure

Length: 03:48

This video discusses, in detail, the procedure for inspecting the drive line, or drive shaft, on a bus, truck or tractor.

Section: Trucking Industry

Module: Inspection Drive Line

Troubleshooting Vibration Complaints

Length: 14:09

The video provides methods to investigate and resolve a vibration complaint, providing avenues for corrective action.

Section: Trucking Industry

Module: Troubleshooting Vibration Complaints

Winter Weather Readiness Checklist



Length: 06:39

Weather conditions can change quickly, especially during the winter. This video discusses things to check when winterizing a commercial motor vehicle (CMV), to ensure CMV drivers are prepared during the winter months.

Section: Trucking Industry

Module: Winter Weather Readiness Checklist

*Available in Spanish

FLEET MAINTENANCE & LITIGATION

How to Avoid Common Legal Risks in Fleet Maintenance

Length: 1:01:34

Attorney Mike Bassett shares a real life example of cases where failures made by transportation companies leading up to accidents led to negligence claims. He'll share the steps trucking companies can take to avoid similar mistakes. *(This webinar is also available to view in short segments).*

Section: Best Practices Webinars

Module: 2017 Webinars

Fleet Maintenance & Its Impact on Litigation, Part 1

Length: 08:19

This video introduces transportation attorney Mike Bassett and sets the stage for the story Mike tells throughout the webinar about how fleet maintenance plays an important role in protecting your company from a lawsuit.

Section: Trucking Industry

Module: Fleet Maintenance - Webinar

Fleet Maintenance & Its Impact on Litigation, Part 2

Length: 13:03

This video focuses on the problems caused by lack of correct documentation and the violation of company policies. It features a story about a transportation company who failed in both areas.

Section: Trucking Industry

Module: Fleet Maintenance - Webinar

Fleet Maintenance & Its Impact on Litigation, Part 3

Length: 15:27

This video focuses on the role maintenance managers played in the case. It highlights their mistakes, along with discussing the importance of cohesion within a company.

Section: Trucking Industry

Module: Fleet Maintenance - Webinar

Fleet Maintenance & Its Impact on Litigation, Part 4

Length: 09:40

This video discusses the lessons learned from a case where a trucking company failed to follow their own maintenance procedures.

Section: Trucking Industry

Module: Fleet Maintenance - Webinar

Fleet Maintenance & Its Impact on Litigation, Part 5

Length: 04:14

This video discusses what the fleet maintenance team can do after an accident to prepare for litigation.

Section: Trucking Industry

Module: Fleet Maintenance - Webinar

Fleet Maintenance & Its Impact on Litigation, Part 6

Length: 09:48

This video is a question and answer period with attorney Mike Bassett, focused on the role fleet maintenance plays in litigation.

Section: Trucking Industry

Module: Fleet Maintenance - Webinar

Fleet Maintenance & Its Impact on Litigation - PDF

Length: 55-page PDF

Download the slide deck for this webinar.

Section: Trucking Industry

Module: Fleet Maintenance - Webinar

MSHA

MSHA

Brakes, Grade, and Runaways for Hwy Trucks, Part 1

Length: 09:57

This video highlights truck braking systems, principles of mine haul road design, and maintenance and procedures to follow in the event of a runaway truck.

Section: MSHA Mining Training

Module: Brakes, Grade & Runaway for Highway Trucks

Brakes, Grade, and Runaways for Hwy Trucks, Part 2

Length: 08:42

This video goes over berms, guardrails, and barriers. It also discusses boulders as berms and runaway lanes.

Section: MSHA Mining Training

Module: Brakes, Grade & Runaway for Highway Trucks

Brakes, Grade, Runaways for Off Road Trucks, Part 1

Length: 09:16

This video helps the driver better understand truck braking systems. It highlights mine haul road design and maintenance and shows the procedures in the event of a runaway truck. This video emphasizes the need to maintain a good braking system, the need to be constantly aware of the grades that the driver is operating on, and the actions drivers should take in case of a runaway accident.

Section: MSHA Mining Training

Module: Brakes, Grade, & Runaways For Off Road Trucks

Brakes, Grade, Runaways for Off Road Trucks, Part 2

Length: 08:43

This video goes over brakes, grades, and runaways for off road trucks, as well as beams and guardrails.

Section: MSHA Mining Training

Module: Brakes, Grade, & Runaways For Off Road Trucks

Hwy. Haulage Truck MSHA Inspections, Part 1

Length: 08:23

This video addresses the procedure taken by the MSHA inspector to ensure safe operating conditions of vehicles including mechanical conditions and the area the truck operates.

Section: MSHA Mining Training

Module: Highway Haulage Truck Inspection by MSHA Inspectors

Hwy. Haulage Truck MSHA Inspections, Part 2

Length: 09:57

This video is a continuation of part 1.

Section: MSHA Mining Training

Module: Highway Haulage Truck Inspection by MSHA Inspectors

Inspection of Off Road Haulage Trucks, Part 1

Length: 04:53

This video shows the necessary steps an inspector has to take to make a good thorough inspection of off road haulage trucks. It also shows the importance for the inspector to protect themselves while inspecting.

Section: MSHA Mining Training

Module: Inspection of Off Road Haulage Trucks

Inspection of Off Road Haulage Trucks, Part 2

Length: 06:22

This video shows the steps an inspector has to take for a thorough inspection of off road haulage trucks. It also shows how the inspector can protect themselves while inspecting.

Section: MSHA Mining Training

Module: Inspection of Off Road Haulage Trucks

Operational Inspect, Off Road Haulage Trucks, Part 1

Length: 07:01

This video focuses on pre-operational inspections, reporting hazards and ensuring hazards are corrected before driving.

Section: MSHA Mining Training

Module: Operational Inspection Off Road Haulage Trucks

Operational Inspect, Off Road Haulage Trucks, Part 2

Length: 06:22

This video addresses more areas to check.

Section: MSHA Mining Training

Module: Operational Inspection Off Road Haulage Trucks

Pre-Operational Inspection of Off Road Haulage Trucks

Length: 09:21

This video shows the three steps to give a good pre-operational inspection of an off road haulage truck.

Section: MSHA Mining Training

Module: Pre-Operational Inspection of Off Road Haulage Trucks

Visibility & Communication Off Road & Hwy., Part 1

Length: 08:30

This video reminds drivers to maintain good visibility and communication. It also reminds drivers it is important for them to remain visible to others in their work area.

Section: MSHA Mining Training

Module: Visibility and Communication for Off Road & Highway Trucks

Visibility & Communication Off Road & Hwy., Part 2

Length: 06:47

This video addresses areas to watch for good visibility.

Section: MSHA Mining Training

Module: Visibility & Communication for Off Road & Highway Trucks

CLIENT SPOTLIGHT

Decrease Accidents with an Online Safety Program

Length: 43:17

Allan Hicks, VP of Safety and Human Resources at BR Williams Trucking, shares how he implemented online training and saw a reduction in accidents. Allan shares strategies for building a strong safety culture, including how to successfully deploy online training at your company.

Section: Best Practices Webinars

Module: 2017 Webinars

How to Leverage Online Training in 2019

Length: 37:40

Allan Hicks, 2015 American Trucking Association Safety Director of the Year, has a Q&A session to discuss best practices in online training.

Section: Best Practices Webinars

Module: 2019 Webinars

Improving Driver Retention & Behavior

Length: 59:11

Jay Wommack, President of Vertical Alliance Group, Inc., and Shepard Dunn, President of Best Way Express, explore how transportation companies are engaging drivers by utilizing short, frequent, training videos. The presentation discusses methods to reduce the amount of time employees spend in orientation while streamlining the onboarding process. It explores best practices to impact driver behavior, which directly correlates with CSA scores. It examines ways to easily create custom classes to train entire fleets. Finally, it discusses techniques to ensure you are creating a safety culture, where employees enjoy doing their ongoing training, making participation and completion issues a thing of the past.

Section: Best Practices Webinars

Module: 2016 Webinars

Vern Edwards, Director of Safety, ATS

Length: 33:48

This webinar discusses the versatility of the Infnit-I platform.

Section: Best Practices Webinars

Module: 2010 Webinars

Training and Development Solutions

Length: 37:55

In this webinar, Chris Anderson of Impact Transportation Solutions discusses driver development.

Section: Best Practices Webinars

Module: 2010 Webinars

Driving Ambition

Length: 32:00

This webinar discusses some of the short-term immediate benefits of the Infnit-I system for new users.

Section: Best Practices Webinars

Module: 2010 Webinars

Don Fifer, Managing Online Training

Length: 26:05

This webinar discusses the challenges of implementing an online delivery learning management system, how to get started and some common objections; as well as managing online training.

Section: Best Practices Webinars

Module: 2011 Webinars

Jennifer Barton, SRT

Length: 36:17

In this webinar, Jennifer Barton of Southern Refrigerated Transport discusses how to create custom content training.

Section: Best Practices Webinars

Module: 2011 Webinars

CUSTOM TRAINING IDEAS

Creating Custom Video Training Content or Outsourcing

Length: 1:01:35

Jay Wommack, President of Vertical Alliance Group discusses key topics for creating custom video training content. Topics include the pitfalls of legal issues, the importance of pre-production, and technical issues.

Section: Best Practices Webinars

Module: 2015 Webinars

Easy Ways to Customize Your Training to Improve Engagement

Length: 55:34

Online training provides an opportunity to do cool things you couldn't in a traditional classroom setting. In this hour long webinar, Tina Bell, Marketing Manager for Vertical Alliance Group, Inc., will share 10 Tips & Ideas for easy ways to customize your training to enhance employee engagement and improve behaviors.

Section: Best Practices Webinars

Module: 2016 Webinars

ONLINE ORIENTATIONS

Building Effective Orientation Programs

Length: 1:00:56

In this webinar, Pat Landreth of Milan Express reviews tips and pointers for building effective orientation programs at your company.

Section: Best Practices Webinars

Module: 2012 Webinars

Building Effective Orientation Programs

Length: 43:08

Pat Landreth, Director of Loss Prevention at Milan Express, discusses ways to build effective orientation programs.

Section: Best Practices Webinars

Module: 2014 Webinars

ON THE JOB INJURY PREVENTION

CONTROLLING WORKERS COMP RELATED COSTS

Controlling Workers Comp Related Costs

Length: 58:00

This webinar features Keith Wertz of Midwestern Insurance Alliance discussing some of the unique challenges facing the trucking industry when attempting to control costs related to workers' compensation. Keith presents practical steps to enhance employee injury prevention and claims management efforts.

Section: Best Practices Webinars

Module: 2015 Webinars

HEAT STRESS AWARENESS

Heat Stress Awareness Prevention

Length: 02:38

Exposure to heat in the workplace can cause illness and death. This video discusses the warning signs of heat illness and proper hydration. It also discusses how the body cools itself.

Section: Warehouse, Distribution, & Maintenance

Module: Heat Stress Awareness Prevention

Types of Heat Illness

Length: 02:23

Exposure to heat can cause employees to suffer heat exhaustion, heat cramps, and heat rash. This video discusses symptoms and types of heat cramps, including dizziness, fainting, and disorientation.

Section: Warehouse, Distribution, & Maintenance

Module: Heat Stress Awareness Prevention

Heat Exhaustion Symptoms & Treatment

Length: 03:02

Heat Exhaustion is a medical condition that requires immediate attention. This video discusses how to identify and treat heat related symptoms. It discusses treatment ideas like drinking cool water, resting in shade or air-conditioned areas, taking a cool shower, or cooling the skin with water to help prevent heat stroke.

Section: Warehouse, Distribution, & Maintenance

Module: Heat Stress Awareness Prevention

Acclimatization

Length: 01:14

Employees can experience heat related illnesses when their bodies are not given time to adjust to changing temperatures. This video discusses how moving from cold to hot climates, returning to a heat related job after a lengthy illness, or working during a heat wave can adversely affect the body.

Section: Warehouse, Distribution, & Maintenance

Module: Heat Stress Awareness Prevention

Training and Supervisory Responsibilities

Length: 07:47

This section covers the importance of a company plan for training employees, supervisors and managers on heat prevention, signs and symptoms of heat illness and treating potential victims.

Section: Warehouse, Distribution, & Maintenance

Module: Heat Stress Awareness Prevention

PREVENTING INJURIES

Preventing Injuries While Cranking Trailer Landing Gear

Length: 03:59

This video discusses situations and techniques used to avoid injury while cranking trailer landing gear.

Section: Trucking Industry

Module: Preventing Injuries

Preventing Injuries While Entering/Exiting Trailer

Length: 05:00

This video demonstrates safe practices while entering and exiting the trailer.

Section: Trucking Industry

Module: Preventing Injuries

Preventing Injuries While Getting Into and Out of Truck Cab

Length: 04:49

This video demonstrates safe practices to prevent injuries while getting into and out of the truck cab.

Section: Trucking Industry

Module: Preventing Injuries

Preventing Injuries While Opening and Closing Swing Type Trailer Doors

Length: 04:09

This video demonstrates safe practices for opening and closing swing type trailer doors.

Section: Trucking Industry

Module: Preventing Injuries

INSPECTIONS

An Excedrin Headache

Length: 03:04

Zach gets a head injury checking his engine.

Section: Real. Life. Lessons.

Module: Conducting Pre/Post-Trip Inspection

Cutting It Close

Length: 03:08

Teresa and Kurt both sustain dangerous cuts on the job. Drivers must remain aware of laceration hazards and understand the importance of first aid.

Section: Real. Life. Lessons.

Module: Conducting Pre/Post-Trip Inspection

Driver Fractures Big Toe

Length: 02:19

Bubba fractures his big toe incorrectly checking tire pressure.

Section: Real. Life. Lessons.

Module: Conducting Pre/Post-Trip Inspection

Every Which Way But Loose

Length: 02:38

Mack tears his trap muscle lifting the hood of his truck.

Section: Real. Life. Lessons.

Module: Conducting Pre/Post-Trip Inspection

Good Job - Almost

Length: 02:35

Tad fractures his arm when he trips in a rainstorm.

Section: Real. Life. Lessons.

Module: Conducting Pre/Post-Trip Inspection

Looking At and Looking For

Length: 02:50

Andy breaks his collarbone after an accident that could have been prevented by a proper inspection.

Section: Real. Life. Lessons.

Module: Conducting Pre/Post-Trip Inspection

Man's Best Friend

Length: 02:02

Tommy breaks his wrist when his dog, Blue, trips him.

Section: Real. Life. Lessons.

Module: Conducting Pre/Post-Trip Inspection

Snap, Crackle, Pop

Length: 02:57

Ted injures his knee after having to shift gears frequently and not reporting a problem with his clutch.

Section: Real. Life. Lessons.

Module: Conducting Pre/Post-Trip Inspection

Who Can You Trust

Length: 02:20

Harry was hit by another professional driver while walking around his truck. Even when you feel safe and secure, awareness should be remain top priority.

Section: Real. Life. Lessons.

Module: Conducting Pre/Post-Trip Inspection

CONNECTING GLADHANDS

Mother Nature and Opportunities

Length: 02:22

Lake and Brad receive weather related injuries when performing tasks in adverse weather.

Section: Real. Life. Lessons.

Module: Connecting/Disconnecting Gladhands

TRAILER LANDING GEAR

A Tight Squeeze

Length: 02:40

Seymour injures his shoulder when his trailer shifts.

Section: Real. Life. Lessons.

Module: Cranking Trailer Landing Gear

Ice – The Enemy of the Truck Driver

Length: 02:32

Mary Ann shatters her elbow when she slips on ice. This video discusses how accidents like this can be avoided.

Section: Real. Life. Lessons.

Module: Cranking Trailer Landing Gear

Spinning Landing Gear Handle Leads to a Broken Wrist

Length: 02:31

Kyle is injured spinning the landing gear handle when it slips out of his control.

Section: Real. Life. Lessons.

Module: Cranking Trailer Landing Gear

*Available in Spanish

BEHIND THE WHEEL

Blown Away on Interstate

Length: 02:52

Phil ends up with an overturned tractor and trailer after the wind gets too strong. Always review weather forecasts and pay close attention to the weather around you.

Section: Real. Life. Lessons.

Module: Driving

Contact

Length: 03:20

Carl and Tim have collisions with overhead objects. Always remember to be mindful of your overhead clearance.

Section: Real. Life. Lessons.

Module: Driving

Crowd Control

Length: 02:59

Zack overturns his truck when he is distracted by his children, causing a minor shoulder injury and the loss of his job.

Section: Real. Life. Lessons.

Module: Driving

Deer, Dogs, and Damage

Length: 02:50

Professional drivers can prevent personal injury or damage to property by being aware of their surroundings while driving. This video shares two scenarios where drivers are injured attempting to avoid a collision with animals and discusses best practices for drivers to use when animals come into the roadway..

Section: Real. Life. Lessons.

Module: Driving

Driver Swerves to Avoid Deer and Overtakes Truck

Length: 02:59

Seth narrowly escapes severe injury after swerving to avoid a deer. Swerving to avoid an animal often results in property damage and personal injury.

Section: Real. Life. Lessons.

Module: Driving

Get Out, Get Under, or Get In

Length: 02:58

Lennie makes the wrong choice and seeks shelter under an overpass during a tornado. When driving in high winds, seek shelter away from your vehicle or in a ditch.

Section: Real. Life. Lessons.

Module: Driving

Seat Belt for Coolers

Length: 03:08

Barbara tears her rotator cuff attempting to hold back a cooler during a hard brake.

Section: Real. Life. Lessons.

Module: Driving

ENTERING & EXITING THE TRUCK CAB

Three Points of Contact

Length: 06:03

Sprains and strains caused in part by slips and falls while getting in or out of trucks is one of the primary preventable injuries facing trucking drivers. This video discusses the correct way to enter and exit the cab of a tractor to avoid serious injury.

Section: Trucking Industry

Module: Three Points of Contact

Anthony's Analysis and Oil Spills

Length: 02:42

Anthony injures his arm slipping on an oily patch of water.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

Can You Speak French

Length: 02:51

James injures his back getting into a new truck. When dealing with the unfamiliar, always take extra caution.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

Driver has a Clean Truck and Can't Drive it

Length: 02:55

Lester tears his rotator cuff while slipping from his truck.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

Driver Injured "Bungee Jumping" Out of Truck

Length: 03:04

Archie falls from his truck. Wear appropriate footwear and be careful of creating trip hazards with straps or bungees.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

Driver is Hit by Passing Motorist

Length: 02:16

Mike's driving career ends when he's struck by a passing motorist. Always pull as far as possible off the roadway.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

**Available in Spanish*

Driver Slipped Getting Into the Truck

Length: 03:14

Sam is injured entering his cab. Always expect your shoes to be slick, step flat onto the step tread, and grip grab-rails tightly.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

**Available in Spanish*

Driver Slips on Ice Stepping into Truck

Length: 02:50

Sam slips on ice attempting to climb into his truck. Remember to come to a complete stop before stepping up while on ice.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

**Available in Spanish*

Driver Sprains Ankle Exiting Truck

Length: 02:10

Jim sprains his ankle stepping on a rock exiting his cab.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

**Available in Spanish*

Driver Tears Cartilage in Knee Jumping Out of Truck

Length: 02:19

Johnny tears his knee cartilage jumping out of his truck. Always face your truck when exiting and hold on with both hands.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

**Available in Spanish*

Hurry Now - Wait Later

Length: 03:08

Trevor gets a mild concussion when his haste causes him to fall from his truck. Always take on a task with the appropriate caution, speed, and awareness.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

**Available in Spanish*

Icy Cab Step Leads to a Broken Arm

Length: 02:34

Barry slips from his truck and breaks his arm. Remember, when ice could form, run your foot across the top running board before stepping onto it to see if it has iced up.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

Move Over Please

Length: 02:33

Ronnie ends up with a fractured wrist when another motorist fails to “move over”. Always assume passing motorists either cannot see you or will not move over.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

New to You

Length: 03:07

Paul fractures his wrist falling from a new truck. Always be cautious when dealing with new equipment.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

**Available in Spanish*

Not a Good Way to Start off the New Year

Length: 02:14

Bill slips on a thin sheet of ice entering his truck. If the temperature is near freezing, always check for ice.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

**Available in Spanish*

Passengers Not Included

Length: 02:49

Martin stays in his truck cab while the recovery truck is loading it. While exiting, he falls nearly 10 feet and fractures his wrist.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

**Available in Spanish*

Personal Conveyance

Length: 07:35

This video discusses the applied revisions to personal conveyance and examples of proper and improper use of personal conveyance.

Section: Trucking Industry

Module: Personal Conveyance

**Available in Spanish*

Swinging Doors

Length: 02:35

Ralph is injured when wind swings his door into him. Always use three points of contact.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

The Luck Factor

Length: 02:55

Always use three points of contact, maintain awareness, and constantly evaluate your situation.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

Time-Delayed Release

Length: 03:12

Jon herniated a lumbar disc during a slip. Jon’s awareness allowed him to recognize his condition before it got worse.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

**Available in Spanish*

Very Expensive Coffee

Length: 03:04

Caleb burns himself and fractures his arm by not using three points of contact.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

**Available in Spanish*

Wait a Minute Vines

Length: 02:39

Todd hits his head after he loses his balance. Always focus on the task at hand and anticipate what could happen.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

**Available in Spanish*

To Climb

Length: 02:57

Jim falls trying to get down from his trailer after placing load locks.

Section: Real. Life. Lessons.

Module: Getting On/Off Trailer

**Available in Spanish*

Out You Go

Length: 03:06

George is injured getting out of his trailer. When possible exit and enter the trailer at a docking station and always remember to wear correct footwear.

Section: Real. Life. Lessons.

Module: Getting On/Off Trailer

FIRE EXTINGUISHERS

Fire Extinguisher

Length: 4:03

This video discusses the requirements for fire extinguishers in power units and preventative measures for avoiding vehicle fires.

Section: Trucking Industry

Module: Fire Extinguisher

HEALTH & WELLNESS

Hand and Wrist Injuries – Part 1

Length: 05:37

By understanding the physiology of the wrist and hand, employees can reduce their risk of injuries. This video discusses both how to prevent hand and wrist injuries and how to react when a hand or wrist injury occurs.

Section: Warehouse, Distribution, & Maintenance

Module: Hand and Wrist Injuries

Hand and Wrist Injuries – Part 2

Length: 04:28

Learn specific treatments for injuries and the structure of the hand and wrist. All together there are 27 different bones in your hand and wrist. The bones are surrounded and tied together by muscles, ligaments, and tendons. Ligaments are strong, fibrous bands of tissue that serve to stabilize joints and prevent damage by limiting side movements of joints. Tendons permit flexibility.

Section: Warehouse, Distribution, & Maintenance

Module: Hand and Wrist Injuries

Not What the Doctor Ordered

Length: 03:13

Marcus is hospitalized and loses his job when he does not take his medicine.

Section: Real. Life. Lessons.

Module: Health & Wellness

Stiff and Tired

Length: 03:26

Clarence suffers a herniated disk by ignoring discomfort for several days. Never try to wait out discomfort.

Section: Real. Life. Lessons.

Module: Health & Wellness

This for That

Length: 03:02

Tyler complicates an injury using a home remedy when he should have sought medical attention.

Section: Real. Life. Lessons.

Module: Health & Wellness

White Line Fever

Length: 02:51

The driving lifestyle can offer several unhealthy challenges. Drivers benefit the most from leading a healthy lifestyle.

Section: Real. Life. Lessons.

Module: Health & Wellness

*Available in Spanish

INSIDE THE TRUCK

A Place for Everything

Length: 03:12

Jeff and Brady are injured when insecure and unnecessary clutter goes flying in their cab. Make sure all items are secure, even if they're in use, and clean out the clutter.

Section: Real. Life. Lessons.

Module: Inside Parked Truck

*Available in Spanish

A Rare Event

Length: 2:59

Sandy receives second-degree burns after an electronic device overheats in his sleeper berth. Always be cautious and attentive when using electrical devices.

Section: Real. Life. Lessons.

Module: Inside Parked Truck

I Do Not Feel Good - Part 1

Length: 02:48

Harry narrowly avoids tragedy. Remember, do not hesitate to notify management of potential health issues.

Section: Real. Life. Lessons.

Module: Inside Parked Truck

*Available in Spanish

I Do Not Feel Good - Part 2

Length: 03:26

In this lesson Bubba shares some additional tips on protecting yourself and detecting exhaust leaks.

Section: Real. Life. Lessons.

Module: Inside Parked Truck

*Available in Spanish

Location is Everything

Length: 02:46

Henry is injured when his hand slips from a crank handle and his positioning is poor.

Section: Real. Life. Lessons.

Module: Inside Parked Truck

Time to Clean House

Length: 03:14

Andy gets bit by a spider living in his untidy truck. Routine cleaning reduces the likelihood of arachnid infestations.

Section: Real. Life. Lessons.

Module: Inside Parked Truck

Mr. Wizard

Length: 02:19

Jared falls from his truck while uninstalling electronics.

Section: Real. Life. Lessons.

Module: Cleaning Out Trailer

Who Would Have Thought

Length: 02:41

Warren and Nick injure their backs cleaning out trailers.

Section: Real. Life. Lessons.

Module: Cleaning Out Trailer

For the Want of a Nail

Length: 02:26

Harry fractures his wrist as he falls from his steering tire.

Section: Real. Life. Lessons.

Module: Cleaning Windshield

LOADING/UNLOADING

Bump on a Log

Length: 02:36

Tim is hit in the head while securing the load of his flatbed.

Section: Real. Life. Lessons.

Module: Loading/Assisting to Load Flatbed Freight

Communication is Critical

Length: 02:44

John loses visual contact with a crane operator and gets a load dropped on his hand. When getting assistance, always maintain good communication and visual contact.

Section: Real. Life. Lessons.

Module: Loading/Assisting to Load Flatbed Freight

*Available in Spanish

Falling Load Impacts Driver's Leg

Length: 02:50

A falling load crushes Tom's leg. When loading/unloading, park on level ground and stay out of danger zones.

Section: Real. Life. Lessons.

Module: Loading/Assisting to Load Flatbed Freight

Tarps and Trampolines

Length: 03:02

Walter breaks his ankle in the process of tarping his load.

Section: Real. Life. Lessons.

Module: Loading/Assisting to Load Flatbed Freight

With a Little Help from My Friends

Length: 02:15

Trevor has hernia attempting to remove the end gates from his trailer. Ask for help with caution and coordination.

Section: Real. Life. Lessons.

Module: Loading/Assisting to Load Flatbed Freight

*Available in Spanish

Dress for the Occasion

Length: 03:31

Reggie incurs chemical burns when he fails to wear all of his personal protective equipment.

Section: Real. Life. Lessons.

Module: Loading/Unloading Bulk Trailer

I Am Hurt. What Should I Do?

Length: 03:03

Seek medical attention first and remember to report all injuries as soon as possible to management.

Section: Real. Life. Lessons.

Module: Loading/Unloading Bulk Trailer

Wrestling an Alligator

Length: 03:14

Clarence injures his back handling hoses on his tanker. Prepare to safely handle hoses by warming up, asking for assistance, or using mechanical aids.

Section: Real. Life. Lessons.

Module: Loading/Unloading Bulk Trailer

Up, Up, and Over

Length: 03:17

Time damages his truck while dumping a load and then injures his knee after jumping from his damaged truck.

Section: Real. Life. Lessons.

Module: Loading/Unloading Dump Trailers

Driver Struck by Forklift Inside Trailer

Length: 02:22

Nate is, fortunately, uninjured after being struck by a forklift. Do not engage in physical activity that is not defined as part of your job. Always be careful around forklifts and make sure forklift operators are aware of your presence.

Section: Real. Life. Lessons

Module: Unloading/Assisting/Tailgating Freight

*Available in Spanish

OPENING/CLOSING DOORS & BOXES

Purple Finger Nails and Profanity

Length: 01:47

David smashes his fingers in the side box of his trailer, an injury that could happen to anyone.

Section: Real. Life. Lessons.

Module: Opening/Closing Side-Box on a Flatbed Trailer

Driver Loses Tooth Opening Trailer Door

Length: 02:03

Randy opens a trailer door in a gust of wind and loses a tooth.

Section: Real. Life. Lessons.

Module: Opening/Closing Trailer Door

Hazmat Shoeboxes

Length: 03:15

Harry is injured when his shifted load falls on him. Always check the security of your load prior to departure.

Section: Real. Life. Lessons.

Module: Opening/Closing Trailer Door

*Available in Spanish

Slow and Steady

Length: 02:53

Jacob and Salvatore both receive injuries when their haste to complete a task cause them to act unsafely.

Section: Real. Life. Lessons.

Module: Opening/Closing Trailer Door

Small Cut Leads to Serious Infection

Length: 02:56

Bill loses a finger after he allows a small cut to go untreated and it becomes infected. Always treat wounds. If you can't treat it properly, seek medical attention

Section: Real. Life. Lessons.

Module: Opening/Closing Trailer Door

*Available in Spanish

Twelve O'Clock High

Length: 03:05

Virgil sustains a concussion from falling ice while opening his trailer doors. Always check your blind spots, especially twelve o'clock high, prior to opening trailer doors.

Section: Real. Life. Lessons.

Module: Opening/Closing Trailer Door

*Available in Spanish

Wendy is now Windy

Length: 02:07

Wendy dislocates her shoulder opening a door in high winds.

Section: Real. Life. Lessons.

Module: Opening/Closing Trailer Door

The Simple Things

Length: 02:42

Keith is knocked unconscious when he fails to secure his trailer door. Remember that the simple routines in your daily activity should still be handled with care.

Section: Real. Life. Lessons.

Module: Opening/Closing Truck Hood

*Available in Spanish

TRUCK MAINTENANCE

A Broken Light Leads to a Broken Arm

Length: 02:42

Barry breaks his arm attempting to replace a clearance light using the wrong equipment. Only make repairs when you have the correct equipment.

Section: Real. Life. Lessons.

Module: Performing Truck/Trailer Maintenance

*Available in Spanish

Danger Close

Length: 02:45

Sean fractures his left wrist while falling out of his trailer. Always remain aware of your proximity to danger.

Section: Real. Life. Lessons.

Module: Performing Truck/Trailer Maintenance

*Available in Spanish

Exploding Tire Breaks Driver's Arm

Length: 02:21

Professional drivers can prevent personal injury by staying aware of their surroundings while performing maintenance or truck inspections. This video shares a scenario where a driver fractures his arm and receives multiple lacerations when a tire he is inflating explodes. The video discusses best practices for drivers to use when performing truck maintenance..

Section: Real. Life. Lessons.

Module: Performing Truck/Trailer Maintenance

Hot to the Touch

Length: 02:46

Eddie slips, breaks his wrist, and dislocates his shoulder attempting to remove his radiator cap with a hot engine.

Section: Real. Life. Lessons.

Module: Performing Truck/Trailer Maintenance

Steel Belted Radials

Length: 02:24

Floyd receives several puncture wounds handling a tire.

Section: Real. Life. Lessons.

Module: Performing Truck/Trailer Maintenance

FIFTH-WHEEL RELEASE

Awkward Posture

Length: 03:11

Three people injure their backs due to awkward postures.

Section: Real. Life. Lessons.

Module: Pulling Fifth-Wheel Release

*Available in Spanish

Pulling Fifth-Wheel Release

Length: 03:09

Tommy tears his rotator cuff when he hastily yanks his fifth-wheel release.

Section: Real. Life. Lessons.

Module: Pulling Fifth-Wheel Release

CARGO SECUREMENT

Maybe it Really is a Good Idea

Length: 02:11

Billy and Michelle both suffer a hernia when they don't loosen up and prepare their muscles for work.

Section: Real. Life. Lessons.

Module: Securing Freight in Van/Reefer Trailer

SLIDING TANDEM

Driver Injured Back Pulling Slider Pin

Length: 02:11

This video explains the paper practice for slider pin release.

Section: Real. Life. Lessons.

Module: Sliding Tandems

*Available in Spanish

Friendship and Fingers

Length: 02:52

Zac loses a portion of his finger when poor communication leads to an accident.

Section: Real. Life. Lessons.

Module: Sliding Tandems

If It Hurts, Say So

Length: 02:40

Rudy had an admirable 15-year record of being injury free until he failed to report a nagging pain in his shoulder.

Section: Real. Life. Lessons.

Module: Sliding Tandems

*Available in Spanish

SLIPS & TRIPS

Almost Made It

Length: 03:01

Brandon makes it safely back to the company drop lot, only to trip and sprain his wrist. Always remain aware of your surroundings, even when the coast seems clear.

Section: Real. Life. Lessons.

Module: Slips and Trips

Mamaw Always Said

Length: 02:57

Wayne breaks his arm when dirty boots cause him to slip.

Section: Real. Life. Lessons.

Module: Slips and Trips

Muck Boots

Length: 03:11

Sam loses his footing and injures himself when his cowboy boots work against him.

Section: Real. Life. Lessons.

Module: Slips and Trips

Watch Where You Are Walking

Length: 02:49

Mark trips walking and receives serious injuries. Always focus on the task at hand and watch where you're going.

Section: Real. Life. Lessons.

Module: Slips and Trips

Winter Weather and a Bad Case of Ice

Length: 03:20

Jordan and Raymond both receive serious injuries after slipping in cold weather. Remain alert if there is the possibility of ice. Approach as if there definitely is ice.

Section: Real. Life. Lessons.

Module: Slips and Trips

**Available in Spanish*

STRAPPING/CHANGING FLATBED FREIGHT

Beware Where You Step

Length: 02:38

Clarence and Jason receive serious injuries stepping on freight. Remember, always check freight prior to standing on it and always be aware of lighting conditions.

Section: Real. Life. Lessons.

Module: Strapping/Changing Flatbed Freight

**Available in Spanish*

Cheater, Cheater

Length: 03:03

Charlie nearly loses an eye when a cheater slips and hits him in the face. Avoid using cheater bars if possible.

Section: Real. Life. Lessons.

Module: Strapping/Changing Flatbed Freight

It Looked Like a Good Idea

Length: 02:22

Abe injures his leg using a guardrail as a stepladder.

Section: Real. Life. Lessons.

Module: Strapping/Changing Flatbed Freight

Far Far Away

Length: 02:57

Cory sustains a shoulder injury that he believes to be minor. Instead of immediately reporting it and receiving assistance, he waits and it gets worse. Always report injuries immediately.

Section: Real. Life. Lessons.

Module: Strapping/Changing Flatbed Freight

Pop Goes the Shoulder

Length: 02:12

Grant endures a painful shoulder injury trying to force a winch bar in an awkward position. Always utilize equipment in the manner it is supposed to be used.

Section: Real. Life. Lessons.

Module: Strapping/Changing Flatbed Freight

**Available in Spanish*

That Just Stinks

Length: 02:38

Dan trips and falls after being surprised on the side of the road by a skunk. Always keep natural hazards in mind.

Section: Real. Life. Lessons.

Module: Strapping/Changing Flatbed Freight

Who Has Got My Big Toe

Length: 03:06

Bret's big toe is smashed when a piece of iron falls on it. Treat your clothing as personal protective equipment. Sandals provide almost no protection.

Section: Real. Life. Lessons.

Module: Strapping/Changing Flatbed Freight

**Available in Spanish*

TARPING/UNTARPING

Automatic Tarps Are Not Risk Free

Length: 02:58

Two drivers suffer injuries using automatic tarping systems. Assess situations even when they appear to have been eliminated by devices.

Section: Real. Life. Lessons.

Module: Tarping or Untarping

**Available in Spanish*

Bungee Straps and Eyeballs

Length: 02:21

This video discusses the dangers involved in working with bungee straps and the safety measures necessary to avoid injury when using them.

Section: Real. Life. Lessons.

Module: Tarping or Untarping

**Available in Spanish*

Flats Equal Falls

Length: 02:39

Abe Juan shares his experience in controlling the risk of falls while securing and tarping freight.

Section: Real. Life. Lessons.

Module: Tarping or Untarping

Tarps Plus Wind Equals Parasailing

Length: 03:13

B.J. is severely injured trying to restrain a tarp on a windy day. Always remain patient and anticipate trouble. Contact dispatch and ask others for assistance if necessary.

Section: Real. Life. Lessons.

Module: Tarping or Untarping

**Available in Spanish*

That's Got to Hurt

Length: 03:10

Todd and Bob both fracture their ankles when situations don't work out the way they thought they would. Analyze the situation and anticipate problems.

Section: Real. Life. Lessons.

Module: Tarping or Untarping

*Available in Spanish

UNLOADING/ASSISTING/TAILGATING FREIGHT

Driver Struck by Forklift Inside Trailer

Length: 02:22

Nate is, fortunately, uninjured after being struck by a forklift. Do not engage in physical activity that is not defined as part of your job. Always be careful around forklifts and make sure forklift operators are aware of your presence.

Section: Real. Life. Lessons

Module: Unloading/Assisting/Tailgating Freight

*Available in Spanish

Get Off My Foot Please

Length: 02:35

This video discusses the dangers of getting too close to a forklift, while it is in operation.

Section: Real. Life. Lessons.

Module: Unloading/Assisting/Tailgating Freight

*Available in Spanish

Help Can Be Dangerous

Length: 02:53

Gary trips over the tines of a forklift after being surprised by his "help".

Section: Real. Life. Lessons.

Module: Unloading/Assisting/Tailgating Freight

Look Out for Load Locks

Length: 02:53

Adam is severely injured when his inexperience with load locks gets the better of him.

Section: Real. Life. Lessons.

Module: Unloading/Assisting/Tailgating Freight

There's a Reason for Everything

Length: 02:28

Mary Ann is injured and becomes medically unqualified to drive when she ignores directions and attempts to correct a loading issue herself.

Section: Real. Life. Lessons.

Module: Unloading/Assisting/Tailgating Freight

Touchy – Feely

Length: 02:47

Todd is injured and loses his job after helping load freight. Touching freight can be hazardous. Follow company policies when it comes to touching freight.

Section: Real. Life. Lessons.

Module: Unloading/Assisting/Tailgating Freight

True Cost of a Pallet Jack

Length: 03:13

Connie herniates a disc while pushing freight after she loans out her pallet jack. Make sure you have your material handling aids and use them at all times.

Section: Real. Life. Lessons.

Module: Unloading/Assisting/Tailgating Freight

*Available in Spanish

OSHA & SAFETY MANAGEMENT

BLOODBORNE PATHOGENS

Blood and Body Fluid Training

Length: 10:42

This video brings awareness to employees who might be exposed to blood or bodily fluids in the course of their work and need to be prepared to minimize their risk.

Section: Trucking Industry

Module: Blood and Body Fluid Training

*Available in Spanish

A. Standards Compliance

Length: 06:06

OSHA'S bloodborne pathogens standard requires employers to develop written documents to explain how they will implement each standard, provide training to employees, and protect the health and safety of their workers.

Section: Warehouse, Distribution, & Maintenance

Module: Bloodborne Pathogens

B. Government Regulations

Length: 04:40

There are government regulations relating to eliminating and minimizing blood borne pathogens and occupational hazards. It is important for everyone to be aware of situations that could lead to exposure to potentially infectious materials.

Section: Warehouse, Distribution, & Maintenance

Module: Bloodborne Pathogens

C. Hepatitis C

Length: 03:32

Describes what Hepatitis C (HCV) is, serious consequences, and possible ways an individual can contract the virus.

Section: Warehouse, Distribution, & Maintenance

Module: Bloodborne Pathogens

D. Lifestyles

Length: 00:48

Lifestyles reviews the different ways individuals can become infected with blood borne diseases and possible ways to avoid harmful contacts and becoming infected.

Section: Warehouse, Distribution, & Maintenance

Module: Bloodborne Pathogens

E. Workplace Risks

Length: 00:55

Job risks can be commonplace in many occupations. Use care when coming into contact with blood or bodily fluids.

Section: Warehouse, Distribution, & Maintenance

Module: Bloodborne Pathogens

F. First Aid Providers

Length: 01:12

First aid providers must be aware of standard precautions when dispensing emergency care. This short video discusses steps to take to avoid blood borne pathogens.

Section: Warehouse, Distribution, & Maintenance

Module: Bloodborne Pathogens

G. Vaccines

Length: 00:59

Although there is no vaccine for HCV or HIV at this time, a vaccine for HBV is your best protection.

Section: Warehouse, Distribution, & Maintenance

Module: Bloodborne Pathogens

H. Standard Precautions

Length: 01:28

Standard Precautions is a method of protection control that treats all human blood and bodily fluids as infectious. Emphasis is placed on always using protective barriers around any wet substance emitted by another person.

Section: Warehouse, Distribution, & Maintenance

Module: Bloodborne Pathogens

I. Personal Protection Equipment

Length: 03:32

Describes the benefits of using personal protection equipment to avoid or minimize blood and other infectious substances. Contaminated materials can pass through or reach your work or street clothing, under garments, skin, eyes, mouth, etc., under normal conditions of use.

Section: Warehouse, Distribution, & Maintenance

Module: Bloodborne Pathogens

J. Containers, Color Coding, and Labels

Length: 01:05

Workplace hazards need to be marked to alert employees to the dangers that exist in a facility or area. Color codes identify the type of hazard, which helps the employee identify the level of severity. It is meant to reduce the possibility of injuries.

Section: Warehouse, Distribution, & Maintenance

Module: Bloodborne Pathogens

K. Exposure

Length: 01:36

Reviews needle sticks, human bites, cuts and abrasions, and blood contact resulting from on-the-job duties.

Section: Warehouse, Distribution, & Maintenance

Module: Bloodborne Pathogens

L. Exposure Control

Length: 02:44

Discusses the need for Exposure Control Plan and the reason it is required for eliminating and minimizing employee exposure to bloodborne pathogens.

Section: Warehouse, Distribution, & Maintenance

Module: Bloodborne Pathogens

M. OSHA Update

Length: 03:25

Reviews occupational exposure to bloodborne diseases regulations on needlestick and "sharps," exposure control plans, sharps protections and logs. It also covers engineering controls and safe work practices to reduce exposure (H.R. 1899).

Section: Warehouse, Distribution, & Maintenance

Module: Bloodborne Pathogens

COMPRESSED AIR

Part 1: Working Safely with Compressed Air

Length: 05:00

This video discusses the hazards of working with compressed air tools like nail guns, air ratchets, chisels, saws, specialty fasteners, jack hammers, and more.

Section: Warehouse, Distribution, & Maintenance

Module: Working Safely with Compressed Air

Part 2: Compressors

Length: 04:20

This video reviews different types of compressors, maintenance, usage, and safety standards.

Section: Warehouse, Distribution, & Maintenance

Module: Working Safely with Compressed Air

Part 3: Air Receivers

Length: 02:18

This video discusses types of containers for stored air and safety standards for use care and maintenance.

Section: Warehouse, Distribution, & Maintenance

Module: Working Safely with Compressed Air

Part 4: Air Hose and Couplings

Length: 02:41

This video reviews the proper procedures for using and handling pressurized hoses, fittings, and couplings.

Section: Warehouse, Distribution, & Maintenance

Module: Working Safely with Compressed Air

Part 5: Pneumatic Tool Safety

Length: 02:37

Only trained employees should use pneumatic tools. This video covers the correct PPE to wear, training, proper use, and the dangers of pneumatic tools are reviewed.

Section: Warehouse, Distribution, & Maintenance

Module: Working Safely with Compressed Air

FORKLIFTS & PALLET JACKS

Forklifts and Pedestrian Safety

Length: 04:59

Topics included in this video include rules and certification; general types of equipment and engineering principles; fulcrum principle, forklift data plate, attachments, load centers, centers of gravity, technical terminology, operator responsibility; basic forklift operating rules, speeding, riders, seat belts and turnovers, raised loads; steering, operating surfaces, docks and ramps, braking and parking; pedestrians; forklift maintenance.

Section: Safety & OSHA

Module: Forklifts and Pedestrian Safety

OSHA Regulations for Forklifts – Part 1

Length: 07:06

This video explains forklift operation regulations including requirements for personal protective equipment, safe handling of fuel, batteries and battery charging procedures, adequate lighting, dock boards and bridge plates, and operator training.

Section: Warehouse, Distribution, & Maintenance

Module: OSHA Regulations for Forklifts

**Available in Spanish*

OSHA Regulations for Forklifts – Part 2

Length: 10:50

This video discusses forklift regulations like no riders, unattended trucks, safety platforms, proper use and operation of trucks, loading, and maintenance.

Section: Warehouse, Distribution, & Maintenance

Module: OSHA Regulations for Forklifts

**Available in Spanish*

Safe Handling of Wooden Pallets

Length: 08:30

This video covers safe handling, stacking, and moving of wooden pallets and how to avoid injury.

Section: Warehouse, Distribution, & Maintenance

Module: Safe Handling of Wooden Pallets

Electric Pallet Jack – Part 1

Length: 08:38

The electric pallet jack is an economical and versatile unit, designed to move stacks of materials from one place to another safely and without injury or product damage, making safety easily taken for granted. There are basic safety rules and operating procedures required when using this equipment.

Section: Warehouse, Distribution, & Maintenance

Module: Electric Pallet Jack – Part 1

Electric Pallet Jack – Part 2

Length: 03:09

This module covers electric pallet jack maintenance, vehicle inspection, and reporting unsafe conditions.

Section: Warehouse, Distribution, & Maintenance

Module: Electric Pallet Jack – Part 2

GHS

GHS Global Harmonization System – Revised OSHA Hazard Communication Standard

Length: 39:21

Larry Davlin, Owner of Critical Infrastructure Planning & Protection Experts, discusses the OSHA Hazard Communication Standard.

Section: Best Practices Webinars

Module: 2013 Webinars

HAZARDOUS MATERIALS

Formaldehyde Safety

Length: 06:44

When formaldehyde is required for manufacturing or other uses, safety is critical to planned usage. This video provides information drivers need to stay safe and healthy in their environment when using formaldehyde.

Section: Warehouse, Distribution, & Maintenance

Module: Formaldehyde Safety

Bonding & Grounding of Flammable Liquids Transfers

Length: 08:47

You can reduce the effects of static electricity by using the ground, reducing the effects of static electricity and the possibility of sparks.

Section: Warehouse, Distribution, & Maintenance

Module: Bonding & Grounding of Flammable Liquid Transfers

Hazcom Basics

Length: 05:19

This module defines 'Right-to-Know'. The video describes some Hazardous materials and MSDS. It also goes over the rules for creating a Hazcom plan.

Section: Safety & OSHA

Module: HAZCOM Basics

Hazardous Materials Spill Clean Up – Part 1

Length: 04:24

This video discusses hazardous materials including chlorine, methane, acids, and other chemicals and gases, pesticides, cleaners, gasoline, and paint thinner.

Section: Warehouse, Distribution, & Maintenance

Module: Hazardous Materials Spill Clean Up

Hazardous Materials Spill Clean Up – Part 2

Length: 09:51

This video discusses clean up details and the steps to follow when you see or smell a hazardous accident; Material Safety Data Sheet (MSDS) and their importance in detailing how to handle specific hazards.

Section: Warehouse, Distribution, & Maintenance

Module: Hazardous Materials Spill Clean Up

Shipping of Hazardous Materials

Length: 15:25

This program explains how the shipping process works, what regulations guide you through the shipping process, and more.

Section: Safety & OSHA

Module: Shipping of Hazardous Materials

HEARING CONSERVATION

Understanding Hearing

Length: 11:42

This video discusses how parts of the ear work, general hearing problems, and the onset of hearing loss. It also includes a short film with animations explaining ear functioning.

Section: Warehouse, Distribution, & Maintenance

Module: Guide to Hearing Conservation

Hearing Conservation Program

Length: 08:05

Prevent hearing loss by understanding your decibel level exposure to loud noise throughout the day.

Section: Warehouse, Distribution, & Maintenance

Module: Guide to Hearing Conservation

Prevention

Length: 03:51

Lou Ferigno talks about hearing protection in this video, a heartfelt story from a celebrity who is hearing challenged and suffered as a child. It also, highlights the benefits of early testing and other hearing risks.

Section: Warehouse, Distribution, & Maintenance

Module: Guide to Hearing Conservation

OSHA POLICIES & VIOLATIONS

2019 Changes in OSHA: How to be Proactive & Protect Your Company

Length: 44:08

Attorney Travis Vance reviews 2019 changes in OSHA policies and regulations.

Section: Human Resources - Infnit-I

Module: Webinars

Top Ten OSHA Violations – Part 1

Length: 07:16

This video explains why employers need a written safety and health plan defining their operations and how safety is interrelated with job performance. A good safety program requires employee, supervisor, and management training.

Section: Warehouse, Distribution, & Maintenance

Module: Top Ten OSHA Violations

Top Ten OSHA Violations – Part 2

Length: 06:57

This video covers OSHA violations including machine guarding, personal protective equipment and the importance of proper documentation, forklifts, and fire extinguishers.

Section: Warehouse, Distribution, & Maintenance

Module: Top Ten OSHA Violations

Your Right to File a Complaint with OSHA

Length: 06:24

This video provides information on how an employee can file a complaint with OSHA regarding workplace safety or health hazards. The video discusses when to file a complaint, who can complain, what information must be provided and what options are available in filing a complaint. The video also explains what you must do if you have been fired.

Section: Warehouse, Distribution, & Maintenance

Module: Your Right to File a Complaint with OSHA

Your Rights as a Whistleblower

Length: 07:16

This video gives specific information and instructions regarding whistleblower rights, whistleblower laws, unfavorable personnel actions, filing a complaint, how OSHA determines retaliation has taken place, limited protection for employees who refuse to work, whistleblower protections.

Section: Warehouse, Distribution, & Maintenance

Module: Your Right as a Whistleblower

Whistleblower Protection

Length: 7:15

This video gives specific information and instructions regarding rights as a whistleblower, the whistleblower laws enforced by OSHA, unfavorable personnel actions, filing a complaint, how OSHA determines retaliation has taken place, limited protection for employees who refuse to work, and whistleblower protections.

Section: Entry Level Driver Training Requirements

Module: Whistleblower Protection

How to Investigate an Accident

Length: 12:23

This video describes proper procedures for workplace and industrial accident investigation. Information includes defining accidents as injury and non-injury, the proper information to include on an accident report, how to use accident investigation reports to determine accident trends, and what actions need to be taken regarding equipment, training and corrective action. An example accident scenario is included.

Section: Warehouse, Distribution, & Maintenance

Module: How to Investigate an Accident

Labor and Mgmt Safety Committees

Length: 14:38

This video covers all of the important elements needed to form a proactive team to ensure safety for all at the workplace. Some of the major highlights include: the committee makeup, a snapshot of the company, parameters and goals, true independence/problem solving, and safety counseling.

Section: Warehouse, Distribution, & Maintenance

Module: Labor and Mgmt Safety Committees

WORKPLACE SAFETY

Battery Charging Safety

Length: 09:22

This video emphasizes how battery manufacturers have their own maintenance/operating procedures that should be followed, including the basics of charging batteries.

Section: Warehouse, Distribution, & Maintenance

Module: Battery Charging Safety

Chains, Cranes, Slings, and Hoists

Length: 10:37

When using chains, cranes, slings, and hoists, the most important safety feature is the operator's knowledge of how to use, inspect, and maintain the equipment. Damaged or worn out parts also make your equipment unsafe to use. If the equipment is unsafe to use, don't use it.

Section: Warehouse, Distribution, & Maintenance

Module: Chains, Cranes, Slings and Hoists

Confined Space Entry

Length: 18:33

Confined space is any space which has limited openings for entry and exit. This video discusses permits required, materials that have potential for engulfing someone, serious safety and health hazards. The video defines attendant, inverting, zero mechanical state, engulfment, hot work permit, a "non-permit confined space".

Section: Safety & OSHA

Module: Confined Space Entry

Electrical Safety

Length: 12:04

Handling electricity safely requires an understanding of how electricity acts, how it can be approached, and the hazards it presents.

Section: Warehouse, Distribution, & Maintenance

Module: Electrical Safety

Fire Prevention Responsibility

Length: 08:07

This video discusses storing oily rags, electrical motors and electrical equipment, octopus plugs, flexible cords, extension cords, trash cans, exits, fire sprinkler system, telephone numbers of emergency agencies, and types of fire extinguishers, and smoke detectors.

Section: Safety & OSHA

Module: Fire Prevention Responsibility

Hand and Power Tool Safety

Length: 12:25

Learn hand and power tool safety rules. Safety must be exercised every time anyone uses hand and power tools. Safety awareness and behavior is of vital importance and this program covers some basics, emphasizing that employees must follow all safety rules established by your organization.

Section: Warehouse, Distribution, & Maintenance

Module: Hand and Power Tool Safety

Housekeeping in Manufacturing

Length: 08:39

One of the most important responsibilities employees have is maintaining an orderly workplace. Safety is an important responsibility and it's a condition of employment.

Section: Warehouse, Distribution, & Maintenance

Module: Housekeeping in Manufacturing

Lockout/Tagout

Length: 05:34

This video discusses documenting all energy sources and identifying potential safety hazard associated with each machine; affected and authorized employees; importance relating to attempts to restart or re-energize machines or equipment which are locked out or tagged out; energy sources; normal production operations, servicing or maintenance; release of hazardous energy; lockout or tagout device application, inspection of the work area; removing a lock or tag from an energy isolating device.

Section: Safety & OSHA

Module: Lockout/Tagout

**Available in Spanish*

Machine Guarding and Conveyors

Length: 12:18

Machine guarding is defined as any means of effectively preventing personnel from coming in contact with the moving parts of machinery or equipment, which could cause them physical harm. Machine guarding is placed around the moving parts of machinery in a facility in order to save fingers, hands, and lives.

Section: Warehouse, Distribution, & Maintenance

Module: Machine Guarding and Conveyors

Proper Mounting Techniques with T-45 Tire Irons

Length: 14:10

This video discusses the proper procedures for mounting and demounting heavy duty truck tires using 2 standard T-45 tire irons.

Section: Warehouse, Distribution, & Maintenance

Module: Proper Mounting Techniques with T-45 Tire Irons

Personal Protective Equipment

Length: 05:06

This video discusses how personal protection equipment helps to minimize infectious substances on contaminated materials from reaching clothing, under garments, skin, eyes, mouth, etc...

Section: Safety & OSHA

Module: Personal Protection Equipment

Respiratory Protection

Length: 05:45

When employees work in environments where there is dust, smoke, fumes, sprays, mists, lack of oxygen, gases or vapors, they need to understand respiratory protection. This video discusses environments where there are respiratory hazards. It also discusses types of respirators and how to use a them, including: filter cartridges, medical monitoring, protection factors, respirator care, inspection, maintenance, and exposure assessment. Finally, it discusses the respiratory fit test, daily test, qualitative test, quantitative test, and testing agents.

Section: Safety & OSHA

Module: Respiratory Protection

Safe Lifting

Length: 04:39

Proper equipment and techniques are critical when lifting any object to prevent injury. Back injuries can happen when drivers forget to warm-up before lifting or when they improperly lift. Safe Lifting reviews the correct way to lift and handle objects, when drivers should get help, and the need for personal protective equipment (PPE).

Section: Trucking Industry

Module: Safe Lifting

*Available in Spanish

Safe Operation of Cranes and Hoists

Length: 10:50

Crane and hoist operators are responsible for operating hoisting equipment safely and conducting functional tests of the equipment prior to using it.

Section: Warehouse, Distribution, & Maintenance

Module: Safe Operation of Cranes and Hoists

Tire Shop Hazard – Part 1

Length: 10:51

This video, produced by the Tire Industry Association (TIA) and Michelin, describes how to assess a tire repair shop as it relates to required Personal Protective Equipment (PPE).

Section: Warehouse, Distribution, & Maintenance

Module: Tire Shop Hazard

Tire Shop Hazard – Part 2

Length: 09:29

This video, produced by the Tire Industry Association (TIA) and Michelin, goes through a tire shop assessment with focus on basic hazard categories: area of tire inflation, tire restraining devices, proper housekeeping and tire storage.

Section: Warehouse, Distribution, & Maintenance

Module: Tire Shop Hazard

Warehouse Safety

Length: 13:48

This video is an overview of on the job safety responsibilities. Our basic safety policy is simply this: "We don't have any job that can't be performed safely."

Section: Warehouse, Distribution, & Maintenance

Module: Warehouse Safety

*Available in Spanish

Workplace Safety Inspection Checklist

Length: 10:05

Workplace safety inspections help keep the workplace safer. Get a person who actually works in the specific work area to assist you in your responsibilities of workplace inspections.

Section: Safety & OSHA

Module: Workplace Safety Inspection Checklist

WALKING WORKING SURFACES RULE

OSHA Walking Working Surfaces Rule

Length: 01:46:07

OSHA's Walking Working Surfaces Rule set new requirements for walking and working surfaces/fall protection in general industry. This rule sets new specifications for portable and fixed ladders, scaffolds, and personal fall arrest systems. It requires equipment and procedural changes in millions of workplaces across the United States, including ensuring all of your workers are trained on new procedures and equipment. *(This webinar is also available to watch in smaller segments).*

Section: Best Practices Webinars

Module: 2017 Webinars

1. Walking Working Surfaces Rule: Introduction

Length: 11:48

This introductory section reviews the limitations of the old rule addressing slips, trips and falls and the current revisions to General Industry Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

2. Costs and Benefits

Length: 11:58

This section looks at the costs and benefits of the new rule, including the importance of recorded training, and reviews the industries affected by the revision of the General Industry Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

3. Implementation Timeline

Length: 03:30

This section reviews the effective dates of provisions of the new rule, as well as exceptions.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

4. General Requirements

Length: 05:46

This section discusses the various surface conditions that must be maintained for safety; and who should perform or supervise repairs.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

5. Ladders

Length: 07:41

This section outlines inspecting ladders and the safest techniques in using ladders, including portable ladders. Mobile ladder stands and platforms are also discussed along with the new standards for load weight and design criteria.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

6. Stairways, Dockboards, & More

Length: 05:25

This section reviews design and construction specifications for step bolts, manhole steps and stairways and how they must be inspected. Also discussed are dockboards and the affirmative defense of infeasibility.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

7. Scaffolds and Rope Descent Systems

Length: 03:58

This section discusses anchorage points, inspections and the development of prompt methods of rescue if needed.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

8. Fall Protection

Length: 12:31

This section explains when fall protection is necessary both from heights above ground and into holes below ground; this includes repair pit requirements, personal fall protection systems and low slope roofs.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

*Available in Spanish

9. Rolling Stock

Length: 05:28

This section examines how OSHA looks at rolling stock and motor vehicles and the fall protection that applies to them.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

10. Wrap-Up

Length: 01:10

This section examines what OSHA expects from employers on walking/working surfaces and fall protection requirements.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

Q1. Federal OSHA Rules & State Plans

Length: 01:57

Question and answer about the Federal OSHA Rules vs. State Plans under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

Q2. Flatbed Trailers

Length: 02:01

Question and answer about flatbed trailers under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

Q3. Document Harness Inspection

Length: 01:26

Question and answer about document harness inspection under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

Q4. Safety Harness Expiration Dates

Length: 01:39

Question and answer about safety harness expiration dates under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

Q5. Loading Dock Openings

Length: 02:16

Question and answer about loading dock openings under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

Q6. Ladderway Openings

Length: 02:35

Question and answer about ladderway openings under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

Q7. Confined Space Entry Portable Tanks

Length: 01:48

Question and answer about confined space entry portable tanks under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

Q8. Dock Plate Painting Requirements

Length: 00:53

Question and answer about dock plate painting requirements under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

Q9. Maintaining Platforms at Other Work Sites

Length: 02:50

Question and answer about maintaining platforms at other work sites under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

Q10. Fall Arrest/Restraint Ratings

Length: 00:56

Question and answer about fall arrest restraint ratings under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

Q11. Fall Protection System Guidelines

Length: 00:54

Question and answer about fall protection system guidelines under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

Q12. Training Deadline Penalties

Length: 01:45

Question and answer about training deadline penalties under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

Q13. Training Requirements

Length: 05:24

Question and answer about training requirements under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

SEXUAL HARASSMENT

WORKPLACE SEXUAL HARASSMENT

Sexual Harassment - Workplace Part 1

Length: 3:29

Sexual harassment does exist and should never be tolerated and is against the law. Sexual Harassment is any form of sex discrimination that involves unwelcome sexual favors and other unwanted verbal or physical conduct based upon sex which adversely affects a persons job or which creates a hostile and offensive work environment.

Section: Warehouse, Distribution, and Maintenance

Module: Sexual Harassment - Workplace Part 1

Sexual Harassment - Workplace Part 2

Length: 8:55

This video reviews the legal definitions of common harassment situations whether explicit or implied. It must be of a sexual nature or it must be harassment that is gender-related. Verbal or physical conduct like pictures, works, touching based on sex that interferes with an individuals job performance or which creates a negative, hostile work environment and differences between simple teasing and harassment.

Section: Warehouse, Distribution, and Maintenance

Module: Sexual Harassment - Workplace Part 2

Sexual Harassment - Workplace Part 3

Length: 3:48

Responding to sexual harassment situations and learning to keep your emotions in check, while maintaining professionalism when confronted with unwanted comments, touching or suggestions. This video reviews the reporting and escalation process when confronted with various types of sexual harassment.

Section: Warehouse, Distribution, and Maintenance

Module - Sexual Harassment - Workplace Part 3

Sexual Harassment - Managers

Length: 8:56

By being prepared managers can address and resolve claims about sexual harassment avoiding costly administrative action and litigation while maintaining a harassment free workplace. This video reviews what managers and supervisors can easily do like being a positive role model for employees and being familiar with specific company sexual harassment policies and procedures.

Section: Warehouse, Distribution, and Maintenance

Module: Sexual Harassment - Managers

HUMAN TRAFFICKING

HUMAN TRAFFICKING OVERVIEW

Combating Human Trafficking Through the Trucking Industry

Length: 1:15:21

Kedis Paris of Truckers Against Trafficking discusses human trafficking and what drivers and the industry can do to help combat this global problem.

Section: Best Practices Webinars

Module: 2013 Webinars

TRUCKERS AGAINST TRAFFICKING TRAINING

Truckers Against Trafficking – Part 1

Length: 17:08

The video features a gripping firsthand account from a victim that was forced into the world of human trafficking and how the trucking industry is combating this human tragedy and creating awareness.

Section: Trucking Industry

Module: Truckers Against Trafficking

Truckers Against Trafficking – Part 2

Length: 10:57

This video discusses what drivers and the industry can do about this global, national, and local problem.

Section: Trucking Industry

Module: Truckers Against Trafficking

Truckers Against Trafficking – Prevention & Intervention: Combating Human Trafficking Through the Trucking, Bus and Energy Industries

Length: 35:44

Ruthie Stanfill, Coalition Build Specialist with Truckers Against Trafficking, reviews what human trafficking is, TAT's mission and goals, and how our drivers can help shut down trafficking.

Section: 2020 Webinars

Module: Best Practices Webinars

CUSTOMS-TRADE PARTNERSHIP AGAINST TERRORISM

C-TPAT

C-TPAT

Length: 7:09

This video discusses the Customs-Trade Partnership Against Terrorism (C-TPAT) and suggested procedures for drivers.

Section: Trucking Industry

Module: C-TPAT

**Available in Spanish*

CANADIAN TRAINING MATERIALS

CANADIAN TRAINING MATERIALS

Canadian Hours of Service #1

Length: 07:40

This video overviews hours of service regulations, company policy and procedure, and provincial/federal regulations.

Section: Canadian Content

Module: Canadian Hours of Service Part 1

Canadian Hours of Service #2

Length: 11:15

Concentrates on off-duty time and sleeper berth.

Section: Canadian Content

Module: Canadian Hours of Service Part 2

Daily Log Exemptions

Length: 03:33

Discuss regulations that get drivers in trouble during roadside inspections and audits.

Section: Canadian Content

Module: Canada Hours of Service Part 3

Form and Manner

Length: 05:07

Goes over form and manner which is a critical part that is often missed and neglected.

Section: Canada

Module: Canada Hours of Service Part 3

Local Drivers

Length: 03:37

Goes over local drivers and logbooks.

Section: Canada

Module: Canada Hours of Service Part 3

Personal Responsibility

Length: 02:19

Discusses Canadian based regulations.

Section: Canada

Module: Canada Hours of Service Part 3

Introduction

Length: 01:25

This video goes over driver's daily pre-trip. Discusses finding minor defects and major defects during a pre-trip.

Section: Canada

Module: Canadian Vehicle Inspection

Rear Inspection and Safety Equipment

Length: 03:05

Andrew Stacy looks for minor and major effects on the vehicle.

Section: Canada

Module: Canadian Vehicle Inspection

Tires

Length: 03:49

Andrew Stacy inspects tires.

Section: Canada

Module: Canadian Vehicle Inspection

Under the Hood Driver Side

Length: 03:40

This video goes over a pre-trip inspection under the hood on the driver's side looking for major defects and minor defects.

Section: Canada

Module: Canadian Vehicle Inspection

Under the Hood Passenger Side

Length: 02:03

This video goes over a pre-trip inspection under the hood on the passenger's side looking for major defect and minor defects.

Section: Canada

Module: Canadian Vehicle Inspection



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